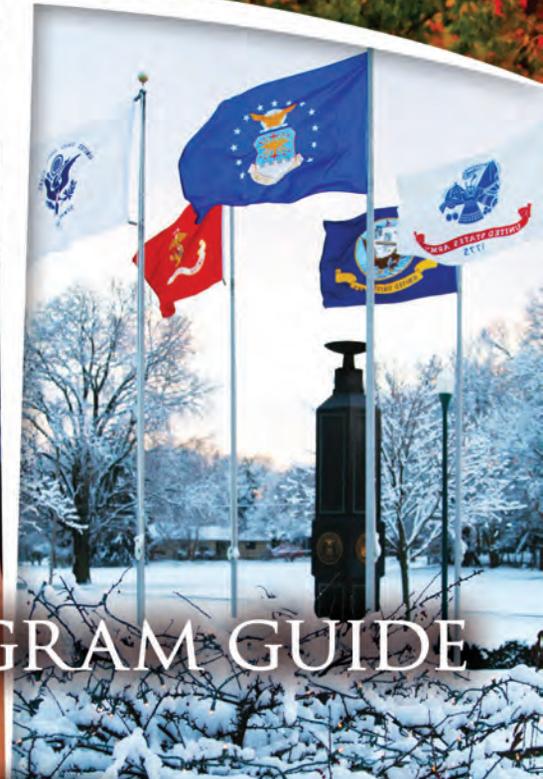




THE GATEWAY

CITY OF GAHANNA

DEPARTMENT OF PARKS & RECREATION



FALL & WINTER 2015 PROGRAM GUIDE

IN THIS ISSUE

- Scrapbooking Crop • Community Garden @ Hannah Park • Intro to Home Herbalism
- Guided Nature Trail Walks • Winter Camp • Big Walnut Creek Clean-up Canoe & Kayak Float
- Adult Art Programs • Preschool Fair • Active Adult Programs Open Houses

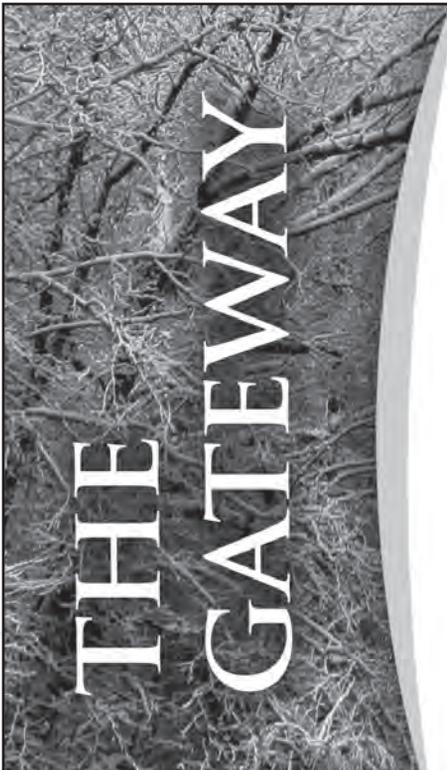


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Our Civic Leaders

Mayor: Becky Stinchcomb

City Attorney: Shane W. Ewald

Gahanna City Council:

Ward 1: Stephen A. Renner

Ward 2: Michael Schnetzer

Ward 3: Brian Larick

Ward 4: Jamie Leeseberg

At Large: Tom Kneeland-President

Karen J. Angelou

Ryan P. Jolley

Parks & Recreation Board

Meetings held at 7pm on the first Wednesday of each month at City Hall unless otherwise noted. All meetings are open to the public.

Eric Miller, Chair Vincent Tremante

Jill Schuler, Vice Chair Luke Messinger

Andrew Piccolantonio Cynthia Franzmann

Jan Ross

Gahanna Landscape Board

The next meeting is scheduled for November 4, 2015, at 6pm at City Hall unless otherwise noted. All meetings are open to the public.

Jane Allinder, Chair

Melissa Hyde, Vice Chair

Ken Shepherd

Matt Winger

Mark DiGiando

Parks & Recreation Staff

Troy Euton, Director

Mike Musser, Deputy Director

Pam Ripley, Office Coordinator

Jim Ferguson, Parks Foreman

Rob Wendling, Parks Technician - Forestry

Marty White, Facilities Foreman

Shannon Sorrell, Recreation Superintendent

Sara Crombie, Recreation Supervisor

Danise Hall, Senior Services Supervisor

Zac Guthrie, Recreation Supervisor

Patrick Monaghan, Recreation Supervisor

Part-Time Coordinators

Sophia Dimofski, Senior Services Coordinator

Denny Evans, Facilities Coordinator

Joe Hebdo, Parks Coordinator, Golf Course

Beth McCollam, Public Information Coordinator

Jordan McCoy, Recreation Coordinator, Golf Course

Brooke Sackenheim, Recreation Coordinator, Herb Center

Volunteer Advisory Committees

The Parks & Recreation Board created the following advisory committees to assist the Department of Parks & Recreation with facilitating planning, promotion and implementation with the assistance of volunteer residents.

Please call 342.4250 if interested in volunteering on any of these committees.

Natural Resources Advisory Committee

The Natural Resources Advisory Committee is tasked to inventory the natural resources in each of Gahanna's parks.

Bicycle & Trail Advisory Committee

The Bicycle Advisory Committee, originally formed in 1995, is instrumental to the formation of our Bikeway Plan. This committee is meeting on a regular basis to update the original plan.

Aquatics Advisory Committee

The Aquatics Advisory Committee offers guidance and recommendations for Gahanna's city-run pools.



Greetings from the Parks & Recreation Department,

The Fall/Winter Gateway always seems to sneak up on me. With the temperate weather, it seems like summer has only just begun, but fall and winter are already around the corner. Part of the beauty of Ohio is our seasonal change and it's something we all love, or at least tolerate. The Gahanna Department of Parks & Recreation has also seen some change in 2015.

With Tony Collins, our former director, leaving us for the City of Columbus, I have been given an opportunity to lead the department forward in Gahanna. I am thankful for this opportunity and grateful for the opportunities I have been given working with Tony for the past nine years. I'm excited about the course we have charted for the Department and our role in continuing to build a better community.

I feel fortunate to have such a high quality team to work with moving forward. With our full-time and part-time professionals, our seasonal work force, and our many citizen boards and committees with various areas of interest and expertise, the department is poised to continue forward to meet the needs of the Gahanna community.

Many citizens have been working very hard to continue to improve the community we know as Gahanna. Some are working on a dedicated funding initiative to build new park and recreation infrastructure. Others are volunteering to help maintain/improve parks or provide labor for recreational programs or special events. Regardless of their inspiration or role with our department, it is these individuals that make our department successful.

We welcome all of the Gahanna citizens to get involved with us in some form or fashion. If you like something we're doing, have suggestions for improvement, or want to get involved, let us know! It's our constant goal to keep improving this great community - but we can't do it without you!

Thanks for your efforts,

Troy Euton, Director

RENTAL FACILITIES

RENTAL FACILITIES

Park Shelters

Shelter rental rates are seasonal; (Prime season) April-October and (off-season) November-March.

Prime Season: April to October Saturday, Sunday & Holiday rates				April to October: Mon-Fri only rates November to March: Every day rates	
	Rental Times	Gahanna Non-Profit & Resident	Standard	Gahanna Non-Profit & Resident	Standard
Friendship Park Gazebo*	10a-2p / 4p-8p	\$30	\$30	\$20	\$25
Woodside Green Park Shelter	10a-2p / 4p-8p	\$60	\$80	\$30	\$40
Friendship Park Shelter*	10a-2p / 4p-8p	\$80	\$100	\$30	\$40
Hannah Park Shelter*	10a-2p / 4p-8p	\$140	\$180	\$30	\$40

* From June to August, these facilities are available weekdays from 7pm - dark due to camp programs.

Inside Facilities - rent hourly

	Monday-Friday			Saturday, Sunday & Holidays		
		Gahanna Non-Profit & Resident	Standard		Gahanna Non-Profit & Resident	Standard
The Center	Rent hourly, (3 hr min) as available 8am-11pm	\$35	\$50	Rent hourly, (3 hr min) as available 8am-11pm	\$65	\$80
Golf Course Clubhouse	Rent hourly (3hr min) 8am-11pm	\$35	\$50	Rent hourly (3hr min) 8am-11pm	\$65	\$80
Flat Rate Special (5+ hrs) Golf Course	as available	\$157.50	\$225	as available	\$292.50	\$360
Ohio Herb Center	Rent hourly, as available	\$35	\$50	Rent hourly, as available	\$50	\$75

Additional Information:

- Rental cancellation fees: Clubhouse, shelter or gazebo-more than 30 days refund less \$10 administrative fee, 14-19 days 50% refund, less than 13 days no refund, \$10 change of date fee.
- Rates subject to change without notice.
- Smoking prohibited in all shelters, clubhouse and the Herb Center.
- Alcohol permits are available for purchase for rentals occurring at the Golf Course Clubhouse, Hannah Park Shelter and The Center ONLY.
- Facilities are rented on a first-come first served basis. Payment, deposit and reservation form is required to reserve the facility or shelter. Facilities are available for rent one calendar year in advance. For example, if you are interested in renting a facility for April 30, 2016, you may do so on April 30, 2015.
- Refundable security deposit of \$100; all rentals require a check dated with the event date or credit card valid on event date deposit. Deposits are charged when contracts are violated (including but not limited to issues such as: facility not cleaned properly, unpermitted alcohol, smoking, and use during non-rented hours).
- To rent a facility: reservation forms are available at the Parks & Recreation office or online at Gahanna.gov. Please call 342.4250 to check for availability.
- Additional permits required for all amusement providers (game trucks, inflatables, etc.)
- Interested in re-occurring rentals? Call us to discuss rates.
- Pictures available by visiting the Parks & Recreation page at Gahanna.gov and click on "Facility & Shelter Rentals".

GOLF COURSE

220 Olde Ridenour Rd. Pro Shop - 614.342.4270

Golf Course Season: March through November, weather permitting. Call ahead for tee times! Throughout the season the course hosts league play on weekday afternoons/evenings; tee times are not available during league play hours.

2015 Annual Membership Rates

	Residents	Standard (N/R)
Adult	\$357	\$407
Couple	\$510	\$610
Junior (under 18)	\$255	\$305
Senior (55+)	\$255	\$305
Senior Couple	\$408	\$508
Midday*	\$255	\$305

*Midday Memberships include unlimited golf from 9am-3pm, Monday-Friday, excluding Holidays.

2015 Greens Fees

	Adult	Junior (under 18) or Senior (55+)
Weekday	\$11	\$9
Weekend/Holiday	\$11	\$11
Additional 9 Holes	\$4	\$4

Motor Cart (9 holes)	\$5
Motor Cart (18 holes)	\$10
Pull Cart	\$2
Golf Clubs	\$5

Lunch Break Special Mon-Thu

11am-1pm 9 holes \$12 with cart

Sunrise Special Mon-Thu

open-8am Excluding league times. 9 holes \$12 w/cart

GOLF

Golf Leagues
Looking to start a league in 2016?
Call the golf course and reserve your spot!

U.S. Kids Golf Lessons

Certified U.S. Kids Golf Instructor Jordan McCoy, will be giving lessons to jr. golfers ages 5-12yrs old. The program is designed to get kids interested in golf, teach them the basics, and introduce them to golf course etiquette. Both group and individual lessons are available. Call the golf course for dates and times at 342-4270.

Senior Tournament

Come join the fun for our annual 9- hole tournament! Pre-registration required. Call the golf course at 342-4270 to register your foursome. Teams are co-ed (2 ladies, 2 gentlemen). The tournament includes a 9-hole scramble shotgun start and great proximity prizes and awards for the top three teams. Space is limited. Rainedate is Sep 3.

Day	Date	Time	RDR/SR
Thu	Aug 27	9am	\$20/person before Aug 14 \$25/person after Aug 14

Mail your registration to:
 Senior Golf Tournament
 Attn: Danise Hall
 480 Rocky Fork Blvd, Gahanna, OH 43230

Glow Golf

Enjoy 9 holes of Glow Golf under the stars! Each golfer will receive 2 glow in the dark golf balls, some glow swag, and 9 holes of golf with a cart. This event is a 4 player best ball scramble that is fun for golfers of ALL abilities. Prizes are available for winning teams. Cost is \$30 per player, call 342-4270 to reserve your spot!

Friday, August 28 at 8:15pm
 Friday, September 25 at 7:30pm
 Friday, October 16 (Fright Night) at 7pm

Fright Night Glow Golf

Enjoy 9-holes of *spooktakular* glow golf, 2 glow in the dark golf balls and riding cart. The event is a 4 player best ball scramble that mixes glow golf with a Halloween theme. The format will be enjoyable for golfers of all abilities. Prizes will be awarded to the winning team. Players are encouraged to dress up in their favorite Halloween costume and prepare for scares on the course.

Ages:

Day	Date	Time	RDR/SR
Fri	Oct 16	7pm	\$30/person

Location: Gahanna Golf Course

Golf Outings

The Gahanna Golf Course is available to host your next event! Golf Outings are perfect for family and class reunions, birthday parties, employee functions and more. We can create an affordable package to suit your needs. Contact the Golf Course @ 342.4270 or Jordan.mccoy@gahanna.gov to plan your outing.



Individual Golf Lessons Available!
Call for details.

Rangers Needed!
Call 342-4270 for more information.

 /Gahanna-Municipal-Golf-Course

AQUATICS

Hunters Ridge Pool, 341 Harrow Blvd.
Gahanna Swimming Pool, 148 Parkland Dr.

Gahanna Pools are a great place to spend your summer and memberships make great gifts for families!
Members with Gahanna Aquatics have access to the Gahanna Swimming Pool and Hunters Ridge Pool.
Purchase your membership by Early Bird Deadline and receive a bonus pass for your guests.

2016 Membership Rates

AQUATICS

Membership Types Valid at BOTH Pools	Gahanna Resident Rate			Standard Rate		
	Early Bird until April 22	Sneak Peek April 23- May 31	Regular June 1- end of season	Early Bird until April 22	Sneak Peek April 23- May 31	Regular June 1- end of season
Single: Ages 11+	\$140	\$170	\$195	\$145	\$195	\$215
Couple: 2 people, same household	\$190	\$225	\$255	\$210	\$255	\$270
Family: 3 people, same household	\$225	\$265	\$300	\$255	\$305	\$330
Family: 4+ people, same household	\$225	\$265	\$300	\$275	\$305	\$330
Junior (ages 3-10) & Senior: (ages 55+)	\$70	\$85	\$100	\$90	\$105	\$120
Sitter add-on	\$70	\$80	\$90	\$70	\$80	\$90

Dog Days Are Back!

In partnership with the
Gahanna Aquatics
Community Group

Sunday, September 21

\$5 per dog

1-3pm small dogs

3-5pm large dogs

Dogs must have current tags
and vaccinations

Rainy Season Special

Attention 2014-2015 Pool Members

For the first time ever, renew your pass by the 2016

Early Bird Deadline and receive an extra discount:

Singles & Juniors/Seniors: \$10 off/pass

Couples: \$15 off

Families: \$20 off

Don't miss the
Stay n Play Special
Page 16

Thank you
Gahanna Community
Aquatics Group!

Your time and dedication to our
community is greatly
appreciated!

HERB CENTER

HERB CENTER

Shop

Ohio Herb Education Center, located at 110 Mill St., is open Tuesday-Friday 12-6pm and Saturday 12-4pm. Shop our array of herbal related educational books, bodycare, tea and accessories, culinary and our signature Herbal Surrender products.



Rent

The Space

Organizing a gathering? Stop by the Ohio Herb Education Center's Nafzger-Miller parlor to book your next event. This unique space is suitable for parties and meetings of up to 25 people and is available for rent 7 days a week.

This historic space features three newly repurposed round wood tables with chairs that are interchangeable with modern style 6'x2' metal tables. Rental includes access to the covered front and back porches and a basic kitchen are also available.

The Herb Center's rental space also has a projector screen available, making the space suitable for your next business meeting.

An Herbal Introduction

Add an herbal touch to your rental experience with an Herbal Introduction. The Herbal Introduction includes a 15 minute presentation on a topic of your choice and a memorable token for you and your guests.

Choose from one of the following topics:

- Herbal Wedding Traditions
- Tea to Perfection
- Herbs in the Kitchen
- Little Ladies and Gentlemen Etiquette
- A Customized Introduction

For pricing and booking, visit OhioHerbCenter.org to book your event.

 /OhioHerbEducationCenter

Learn

Gahanna Herb Group

The Gahanna Herb Group is a 9-month program focusing on herbs and their uses. Each month participants study one herb in depth as well as learn hands-on techniques from the culinary, wellness and craft areas. Herbs are viewed and studied from botanical, historical, folkloric, wellness and energetic points of view. This group receives bi-weekly emails featuring reference sources, educational videos, informative guides and access to Herb Center staff. This cooperative learning environment is for individuals who would like to dedicate time to earn a deeper understanding of all things herbal.

Testimonial

"The instructors worked well together and were very informative. They made learning about herbs fun. I liked the hands on approach that kept the classes interesting and I was able to use what I learned right away." –Barb F.

Benefits include: monthly class, fresh or dried herb for home practice, 10% off all gift shop items, one complimentary class pass to attend an additional class taught the by herb center staff, offsite group learning opportunities and exclusive bi-weekly information packed emails for home study & additional reference.

Dates: Tuesdays, September 8, October 13, November 10, December 8, January 12, February 9, March 8, April 12, and May 17

Time: 6:30-8pm

Class Type

RDR/SR

Full Payment**

\$220/\$260

Quarterly Option

\$80/\$90 Payments Due Sep/Dec/Mar

One Time Drop in

\$30/\$35

**Participants who pay the full payment receive an exclusive Herb Center gift.



The information provided by the Ohio Herb Education Center is primarily for reference and education. It is not intended to be a substitute for the advice of your personal physician. The Center does not advocate self-diagnosis or self medication; nor does the Ohio Herb Education Center endorse alternative medicine in lieu of traditional medicine; it urges anyone with continuing symptoms, however minor, to seek medical advice. Please be aware that any plant substance, whether used as food or medicine, externally or internally may cause an allergic reaction. Consult your primary care physician before making changes to your lifestyle.

HERBAL WORKSHOPS

HERBAL WORKSHOPS

Herb Center Programs

Love our classes? Save money by taking advantage of the Rosemary Bundle: Choose 4 or more classes in the fall quarter and receive a 10% discount on each class. Pre-registration per class is required. Passes are non-transferable and non-refundable.

Classes are held at the Ohio Herb Education Center, 110 Mill Street, unless otherwise listed.

Drying Days at Geroux Herb Garden for Active Adults

Harvest and prepare herbs for drying, guided by Herb Center staff. When to harvest, what to harvest, and proper harvesting techniques will be demonstrated as herbs are processed. This is a hands on experience taking place at the Geroux gardens, located directly next to City Hall in Gahanna.

Ages: Active Adults

Activity Day	Date	Time	RDR/SR
452111A Wed	Sep 2	10am-12pm	Free

Location: Geroux Garden, 206 S. Hamilton Rd.

Drying Days at the Herb Center

Harvest and prepare herbs for drying, guided by Herb Center staff. When to harvest, what to harvest, and proper harvesting techniques will be demonstrated as herbs are processed. This is a hands on experience that takes place largely in our on-site drying shed.

Activity Day	Date	Time	RDR/SR
452111B Tue	Sep 15	10am-12pm	Free
452111C Fri	Sep 25	10am-12pm	Free

The Symbolic Language of Flowers

Historically flowers have special meanings, and have traditionally been used to send secret messages. For instance, sending someone violets meant that you were faithful to them. Decipher "the Language of Flowers," and create a uniquely handcrafted keepsake that has a special meaning to share with a friend or loved one.

Activity Day	Date	Time	RDR/SR
452503A Sat	Sep 19	1-2pm	\$30/\$35

Instructor: Jennifer Schneller



Don't Wait to Register!

Sometimes classes are canceled due to low enrollment. Please register early and encourage your friends to do so to avoid disappointment.

The Fruits of Autumn: Preserving a Bountiful Harvest

Preserving is a great way to capture autumn's bountiful herbal harvest. Many fall fruits are rich in vitamins, which help strengthen our immunity going into colder weather. Tart characteristics in fruit pair perfectly with sweet flavors in preserves, jams and jellies. Along with nutritional benefits, special focus will be placed on traditional and native fruits such as rose hips, hawthorn berries, elderberries, raspberry leaves and juniper berries. Learn how to make a simple preserve, and leave with the knowledge of how to preserve and share your own harvest.

Activity Day	Date	Time	RDR/SR
452108A Sat	Sep 26	1-2pm	\$20/\$25

Instructor: Jennifer Schneller

Bitters Make It Better

"Bitters make it better" for the digestion system and overall well-being. The taste of bitter is often overlooked by the abundance of sweet and salty foods. How can something bitter be good for you? Going beyond hops and coffee, we will visit a range of bitter herbs from mild to intense. After sampling some examples of bitters learn how you can make your own bitters to help support your personal wellness at home.

Activity Day	Date	Time	RDR/SR
451006A Tue	Sep 29	6:30-7:30pm	\$20/\$25

Instructor: Brooke Sackenheim

Pressed Flower Ornaments for Active Adults

In this class, dried pressed flowers along with a simple salt dough to create lovely hanging disks that may be used for decor or for a uniquely handmade holiday ornament. Class will be led by staff from the Ohio Herb Education Center. Individuals must pre-register.

Ages: Active Adults

Activity Day	Date	Time	RDR/SR
411403A Wed	Oct 7	7-8pm	\$25

Location: The Center, 480 Rocky Fork Blvd.

Herbal Holiday Candle DIY

Combine your love for the beauty of dried herbs and the ambiance that scented candles create. Together we can transform simple jars, ribbons and dried herbs into one of a kind handmade candles. Love lavender? It's easy to incorporate the flowers into your candle. Be prepared to take home a lightly scented candle and the knowledge of how to do it yourself by the end of this DIY session.

Activity Day	Date	Time	RDR/SR
450301A Sat	Oct 10	1-2pm	\$35/\$40

Instructor: Jennifer Schneller

Cooking with Herbs and Mushrooms

It's mushroom season! Too often relegated to garnish, mushrooms can be the centerpiece for a meal, as well as a complement to either vegetarian or meat dishes. Become acquainted with a number of mushroom varieties available and differences in taste and seasonality. Explore various methods of preparation, as well as well-known and not-so-well-known herbal seasoning partners. Recipes provided.

Activity Day	Date	Time	RDR/SR
450612A Sat	Oct 24	1-2pm	\$30/\$35

Instructor: Janell Baran

HERBAL WORKSHOPS

HERBAL WORKSHOPS

Introduction to Home Herbalism Course

Take part in an introductory journey into the art and science of herbal medicine. This intensive will give you a broad understanding of the use of medicinal plants in support of health and wellness.

- Recognize some of our nearest and dearest herbal allies as well as edible plants.
- Demystify the differences between commonly used herbal preparations and their suggested use.
- Discover the potent history of botanical medicine that began in Ohio during the 19th and early 20th centuries and the botanical movement which transformed the course of medicine across the country.

Arrive ready to be inspired. Delve into this course so that you may leave fully motivated to take your family's wellness into your own backyard. Plant lovers of all levels are encouraged.

Activity Day	Date	Time	RDR/SR
451001A Sat	Oct 17	1-4pm	\$55/\$65

Instructor: Erika Galentin

Luscious Lip Balms & Luxurious Lotions

In this 2-week course, learn how to make your own lip balms, bath bombs, and body lotion with natural ingredients that can easily be located at your local grocery store. Each week covers one body care item that highlights the importance of each ingredient. Participants receive supplies for class use and instruction on how to create your own body care products to enjoy at home. Take home sample sizes of what you made, along with references for additional all natural skincare recipes. Cost includes the full series. Classes may not be purchased individually. Space is limited.

Activity Day	Date	Time	RDR/SR
451304A Tue	Oct 20 & 27	6:30-7:30pm	\$45/\$50

Instructors: Erica Powell & Brooke Sackenheim

Witches and Wizards of the Green

A class designed to encourage the nature mystic in you. Join us on All Hallows Eve to learn about the magical virtues of our green allies. Learn more about herbs as they relate to the elements of earth, air, water and fire and how they can be incorporated into body, mind and spirit medicine. Let's talk about the plants and their traditional association with the planets as well as making amulets and potions for warding off negativity, inviting positivity and creating sacred space. Costumes and curiosity are welcome! Light themed refreshments will also be provided.

Ages: 18+

Activity Day	Date	Time	RDR/SR
452502A Sat	Oct 31	1-3pm	\$40/\$45

Instructor: Erika Galentin

**Check out the Community Gardens!
Now at Friendship Park AND
Hannah Park!
Details on page 18.**

Warming Wintertime Herbal Beverages

Open up your taste pallet with these wonderful tonics to warm a cold body. Flavorful infusions including: mulling spices, apple cinnamon shrub, flavoring and entertaining with cordials, and herbal spin on hot chocolate are just some of the topics in store for this class. To top it off, participants will get to take away the ingredients for an herbal chai that tastes as amazing as it smells.

Activity Day	Date	Time	RDR/SR
451103A Sat	Nov 7	1-2pm	\$25/\$30

Instructor: Brooke Sackenheim

Spice & Everything Nice: Aromatic Holiday Spices

We all love the scent of spices as the weather grows colder! Ever wonder why a cup of cinnamon spiced tea seems to literally warm you up? Delicious warming aromatic spices that we traditionally associate with winter have some deeply rooted wellness benefits. Create your own custom gingerbread spice blend to incorporate into a baking mix to enjoy at home.

Activity Day	Date	Time	RDR/SR
450617A Sat	Nov 14	1-2pm	\$25/\$30

Instructor: Jennifer Schneller

Holiday Family Herb Craft

Visit the Herb Center to celebrate the holiday season with herb crafts, warm beverages, and music. For four hours on Saturday, the parlor will be transformed into an open craft area for parents and children. For a small fee per craft, children and adults can create scented pomanders, cinnamon ornaments or drawer sachets for gifts or to enjoy as keepsakes.

Activity Day	Date	Time	RDR/SR
452406A Sat	Nov 28	12-4pm	\$5/craft or 3/\$12

Holiday Herb Crafts at the Center for Active Adults

Celebrate the holiday season with herb crafts and music. For two hours on Thursday, the Herb Center staff will bring a variety of crafts to create. Give them as gifts or enjoy as keepsakes.

Ages: Active Adult

Activity Day	Date	Time	RDR/SR
410604A Thu	Dec 10	6-8pm	\$5/craft

Location: The Center, 480 Rocky Fork Blvd.

Visit with Santa at the Herb Center!

Meet the jolly old elf, Santa Claus! As you walk up to the decorated North Pole Annex, conveniently located at the Ohio Herb Center, you will be greeted by Santa's elves and helpers that will guide you to the letter writing station. You will then get to sit on Santa's knee and pose for a special keepsake photo, complete with a picture frame that the children make themselves! Then step into Mrs. Claus' parlor for special make & take crafts – Santa's Favorite Hot Chocolate Mix; Everything Nice Herbal Sugar; and Mrs. Claus' Peppermint Bath Blend!

Ages: All Ages are welcome.

Day	Date	Time	RDR/SR
Sat	Dec 5	9am-1pm	\$5 per craft/photo or 3 items for \$12
Sat	Dec 12	9am-1pm	\$5 per craft/photo or 3 items for \$12
Sat	Dec 19	9am-1pm	\$5 per craft/photo or 3 items for \$12

ACTIVE ADULTS



ACTIVE ADULTS

Yoga

Join our very experienced teachers who have studied with many great yoga teachers, including Rodney Yee, Colleen Seidman Yee, Doug Keller, Tim Miller, Cyndi Lee, Angela Farmer, Swami Ramananda and more to provide students with a "true" yoga experience."

Sue Johnson, RYT 500, RMT, Certified Yoga on High Instructor
Lori Bower, RYT 500, RMT, Certified Yoga on High Instructor

Hatha Yoga For Every Body

Feel better, stronger, and relieve stress as you experience the mind/body connection in this class. Explore the benefits of ASANA (yoga postures) to gently stretch and strengthen the body. Breathing techniques quietly relax the mind and emotions and take you into a deeper level of consciousness. You will become more aware of patterns that facilitate a healthy spine, and a more relaxed and easeful body, mind and spirit.

Ages: 15+

Beginners

Activity Day	Date	Time	RDR/SR
410102A Tue	Sep 8-Oct 13	5:45-6:55pm	\$80/\$90

Location: Golf Course Clubhouse, 220 Olde Ridenour Rd.

Experienced

Activity Day	Date	Time	RDR/SR
410102B Tue	Sep 8-Oct 13	7-8:15pm	\$80/\$90

Location: Golf Course Clubhouse, 220 Olde Ridenour Rd.

NEW!

Multi-Level

Modifications will be given for different levels. We will explore more gentle asana to restore the body from the busy holiday season.

Activity Day	Date	Time	RDR/SR
410102C Tue*	Nov 3 – Dec 15	6:30-7:45pm	\$80/\$90

*Skip Nov 24

Slow Flow Hatha Yoga

Gentle, slow flowing warm-ups get the body and mind ready to move into a variety of more challenging flow series, including sun salutations and other creative flow movements. Meditation and breath work incorporated. Modifications provided for all student levels. This class will leave you feeling refreshed, relaxed and energized. To enjoy your yoga experience, please bring a yoga "sticky" mat and 2 firm blankets.

Activity Day	Date	Time	RDR/SR
410101A Wed	Sep 9-Oct 14	10:30-11:45am	\$80/\$90
410101B Wed*	Nov 4-Dec 16	10:30-11:45am	\$80/\$90

Location: Golf Course Clubhouse, 220 Olde Ridenour Rd.

*Skip Nov 25

Gahanna Get Moving Team

The Gahanna Get Moving Team has walked thousands of miles over the past few years, training and talking their way to fun and fitness. Liz Plott leads this group and will share her wisdom on walking and healthy lifestyles. The group meets at Creekside Park every Saturday morning at 8 am, rain or shine. Registration is required prior to participation.

Ages: 18+

Activity Day	Date	Time	RDR/SR
760000 Sat	Year round	8am	Free

Location: Creekside Park, 117 Mill St.

Basketball & Volleyball Open Gyms

Open gym participants must be 18 years of age and bring a valid driver's license. If a license or State ID is not presented, participants will be charged the standard rate. Passes may be purchased at the Parks & Recreation office and are valid for volleyball or basketball.

Open gyms will run October 2015 - April 2016. A schedule including start date and skip dates will be posted at Gahanna.gov, all information listed below is subject to change.

Basketball: 18+

Age: 18+

Day	Time	Season Pass RDR/SR*
Tue	8:30-10:30pm	\$70/\$80

Location: Middle School South, 349 Shady Spring Dr.

*No Single Visits - Season Pass only

Basketball (30 and over):

Ages: 30 and over

Day	Time	Single Visit RDR/SR*	Season Pass RDR/SR
Thu	8:30-10:30pm	\$5/\$8	\$70/\$80

Location: Middle School South, 349 Shady Spring Dr.

Volleyball (18 and over):

Ages: 18+

Day	Time	Single Visit RDR/SR*	Season Pass RDR/SR
Tu&Th	8:45-10:30pm	\$5/\$8	\$70/\$80

Location: Middle School East, 730 Clotts Rd.

NEW!

Mark the Spot (MTS) Mom's Fitness

If you are looking for a child friendly fitness class and to meet other mom's, then this is the perfect class for you! Certified Personal Trainer Mark Caraway, of Mark The Spot Fitness & Nutrition will coach you through a full body workout, while your child (0-5) plays and socializes with other children or even joins in on the fun with you! The workout is formatted for all fitness levels and can be modified to your ability. These go at your own pace workouts are designed to challenge you at your level. You DO NOT need to have a child to join our class; however, this is a child friendly class!

Activity Day	Date	Time	RDR/SR
412801A Mon	Sep 14 – Nov 16	10-11am	\$75/\$85

Location: Gahanna Municipal Golf Course Clubhouse, 220 Olde Ridenour Rd.

NEW!

Active Adults Fitness Class

Here's a new way to maintain or retain strength, balance and mobility. Join Certified Personal Trainer Mark Caraway in this group training class that is designed specifically for adults that are looking to maintain their youth and overall fitness. Come work up a sweat while listening to classic upbeat 70s & 80s music. This class will provide a 45 minute fitness routine and a short educational component. You'll leave feeling energetic and youthful!

Ages: Active Adults / Active Seniors

Activity Day	Date	Time	RDR/SR
410707A Thu	Sep 17-Nov 19	7:30-8:30pm	\$60 / \$70

Location: The Center, 480 Rocky Fork Blvd.



ACTIVE ADULTS

ACTIVE ADULTS

Scrapbook Crop

We are pleased to have the ever popular Scrapbook Crop back with a new location! Grab a friend and bring all your scrapping supplies with you - stay all day or just a couple of hours. Door prizes are offered throughout the day and scrapbook/stamping vendors are on-site if you need supplies. Lunch and dinner are on your own, this new location provides many food opportunities within walking distance. Snacks and bottled water provided. Space is limited so register early. No walk in registration.

Ages: 16+

Activity Day	Date	Time	RDR/SR
411201A Sat	Oct 24	9am-9pm	\$15/\$20

Location: Clark Hall, 380 Granville St.

NEW!

Picture Books 101: Hard Work but Lots of Fun!

Have you always dreamed of writing a picture book for children? This beginning writers' workshop will touch on the basics of picture book writing. You'll learn about genres, story structure, plot, setting, character development and more. Writing resources plus an optional Facebook group for participants are included. Come prepared with your favorite writing tools (laptop or electronic notebook preferred but not required).

Ages: Active Adult/Active Senior

Activity Day	Date	Time	RDR/SR
410601A Wed	Sep 9- Nov 11	6:30-8pm	\$60/\$70

Location: The Center (Art Room), 480 Rocky Fork Blvd.

NEW!

Date Night Art Class: Picasso Your Love!

Couples Date Night never looked so amazing! Guided by a professional artist, you and your friend or significant other will paint a vibrant and humorous version of each other's portrait, Picasso-style. Each month, various themes may be taught for return artists! Couples are welcome to bring their own bottle of wine to enjoy during the art class. No previous art experience is needed. Select Fridays or Saturdays, Monthly. Cost is per couple.

Ages: Active Adults/Active Senior

Activity Day	Date	Time	RDR/SR
410602A Fri	Sep 25	7-9:30pm	\$70/\$80
410602B Fri	Oct 23	7-9:30pm	\$70/\$80
410602C Sat	Nov 21	7-9:30pm	\$70/\$80
410602D Fri	Dec 11	7-9:30pm	\$70/\$80
410602E Sat	Jan 16	7-9:30pm	\$70/\$80

Location: Ohio Herb Education Center, 110 Mill St.

NEW!

Gram, Gramps, & Me! (Grandparent's Day Art Class)

Create a memorable family tree with Acrylic paint and your hands! This creative adventure for grandparents and grandchildren will make you and your family smile for years to come! Cost is per grandparent & child. \$5 for each additional child with same grandparent.

Ages: All ages welcome!

Activity Day	Date	Time	RDR/SR
421701A Sun	Sep 13	2:30-4:30pm	\$30/\$40

(For additional children with same grandparent, add \$5 per additional child)

Location: The Center, 480 Rocky Fork Blvd.

NEW!

Paint the Parks

Our first series of acrylic paint classes will take place outdoors in a various Gahanna Park settings ("Outdoor Parks Series"). Our second series ("Indoor Landscapes") will take place at The Center - Art Room. Under the guidance of your instructor, you will paint beautiful landscapes worthy of exhibition! Beginner-Intermediate artists welcome and all supplies are included in class fee. Intermediate artists are welcome to bring additional art supplies at their choosing. Cost includes all supplies.

Session I: Outdoor Parks Series

Activity Day	Time	RDR/SR
410603A Sat	9:30am-12pm	\$120/\$135

Location:

- Sep 12 Creekside Rotary Stage, 117 Mill St.
- Sep 26 Gahanna Woods Park, 1501 Taylor Station Rd.
- Oct 10 Friendship Park Gazebo, 150 Oklahoma Ave.
- Oct 24 Creekside Rotary Stage, 117 Mill St.

Session II: Indoor Landscapes

Activity Day	Time	RDR/SR
410603B Sat	9:30am-12pm	\$120/\$135

Location:

- Nov 7 & 21 The Center, 480 Rocky Fork Blvd.
- Dec 5 & 19 The Center, 480 Rocky Fork Blvd.

NEW!

Western Square Dancing

Fun, Fitness, Friendship! This informal dance class provides great social and physical fitness benefits for those looking to do something new, fun, and exciting. Dancers will easily move through a pattern of basic dance steps directed by the "Caller" in a manner which is entertaining, mentally stimulating and easy to learn. Don't miss out on this timeless dance style which is as fun today as it was in the 18th century! 13 weeks.

Activity Day	Date	Time	RDR/SR
411003A Tue	Sep 8-Dec 8*	7-9pm	\$50/\$60

Location: The Center, 480 Rocky Fork Blvd.

*skip Nov 3

Drying Days at Geroux Herb Garden

Join the Herb Center staff for a hands-on experience as herbs are harvested and prepared for drying in our drying shed. Proper harvesting, cleaning and drying techniques will be taught as herbs are processed. Individuals interested are to meet at the outdoor Geroux Herb Garden (next to City Hall). This is a hands on experience. Register at the Center.

Day	Date	Time	RDR/SR
Wed	Sep 2	10am-12pm	Free

Location: Geroux Herb Garden, 206 S. Hamilton Rd.

Pressed Flower Ornaments

In this class, we will use our dried pressed flowers along with a simple salt dough to create lovely hanging disks. Pressed Flowers will be suitable for display among your ornament collection or as a great holiday gift for that special someone. Class will be led by Herb Center staff. Individuals must pre-register.

Activity Day	Date	Time	RDR/SR
411403A Wed	Oct 7	7-8pm	\$25/\$30

Location: The Center, 480 Rocky Fork Blvd.

ACTIVE ADULTS



NEW!

Holiday Herb Crafts at the Center

Celebrate the holiday season with herb crafts and music. For two hours on Thursday, the Herb Center staff will bring a variety of crafts to create. Give them away as gifts or enjoy as keepsakes.

Activity Day	Date	Time	RDR/SR
410604A Thu	Dec 10	6-8pm	\$5/craft

Location: The Center, 480 Rocky Fork Blvd.

NEW!

Guided Nature Trail Walks

Come join us in the great outdoors! Gahanna Woods is a special place snuggled amongst the sprawling urban landscape. Comprised of both a city park and state nature preserve, the woods offer a peaceful and somewhat wild environment for a leisurely walk. Large trees, autumn blooming wildflowers, migrating birds and extensive wooded marshlands all await the visitor on this casual naturalist led program. Drop-ins accepted.

Ages: all ages welcome

Activity Day	Date	Time	RDR/SR
431003A Sun	Sep 13	2-4pm	Free
431003B Sat	Oct 10	9-11am	Free

Location: Gahanna Woods, 1501 Taylor Station Rd.

ACTIVE ADULTS

Art w/ Heather Reese

Local artist Heather Reese has over 10 years of experience and specializes in programming for all ages. Mediums includes acrylic, mixed media, installation art and illustration. *You do not need to be a member of the Gahanna Senior Center to participate. Supplies included in cost.*

Zentangle

The most enjoyable way to create beautiful, breathtaking images with patterns...the art of doodling! This amazing, therapeutic art form is perfect for beginners through advanced.

Activity Day	Date	Time	RDR/SR
410605A Fri	Sep 4-25	1-2:30pm	\$28/\$38 4 weeks
410605B Fri	Oct 2-30	1-2:30pm	\$35/\$45 5 weeks
410605C Fri	Nov 6-20	1-2:30pm	\$22/\$31 3 weeks
410605D Fri	Jan 8-29	1-2:30pm	\$28/\$38 4 weeks
410605E Fri	Feb 5-26	1-2:30pm	\$28/\$38 4 weeks

"Autumn Shadows" Acrylic class

Create a stunning, 11"x14" vibrant autumn landscape.

Activity Day	Date	Time	RDR/SR
410606A Mon	Sep 21 & 28	1-2:30pm	\$30/\$40

Leaf Bowl

Turn a life-like autumn leaf into a beautiful bowl from recycled materials.

Activity Day	Date	Time	RDR/SR
410608A Mon	Oct 19 & 26	1-2:30pm	\$28/\$38

Abstract Stained Glass

Create an abstract stained glass masterpiece ready to hang using framed glass!

Activity Day	Date	Time	RDR/SR
410607A Mon	Nov 2	1-2:30pm	\$22/\$32

NEW!

Active Adult Canoe Trip

It's an adventure in your back yard! Join us for a relaxing and fun-filled canoe tour of Gahanna's own Big Walnut Creek. Our two hour canoe trip will begin at Woodside Green Park and conclude at Friendship Park where you will be shuttled back to your vehicle. The tour will be guided by a certified American Canoe Association Instructor. Life vests and paddles will also be provided (and must be worn). Enjoy nature at its best in the often undiscovered Big Walnut Creek! Meet at Woodside Green Park.

Activity Day	Date	Time	RDR/SR
431002A Wed	Sep 2	12:30-3:30pm	\$10/\$15

Location: Woodside Green Park, 213 Camrose Ct.

Don't Wait to Register!

Sometimes classes are canceled due to low enrollment. Please register early and encourage your friends to do so to avoid disappointment.

"Serengeti" Acrylic class

Create this visually stunning African sunset landscape, filled with African wildlife!

Activity Day	Date	Time	RDR/SR
410606B Mon	Nov 16	1-3pm	\$20/\$30

"Northern Lights" Acrylic class

Paint this breathtaking, 12"x20" panoramic piece with glowing northern lights!

Activity Day	Date	Time	RDR/SR
410606C Mon	Nov 23 & 30	1-2:30pm	\$30/\$40

"Bonsai Sky" Acrylic class

Paint this gorgeous, serene silhouette of the mountains of Japan. 11"x14" on acrylic paper.

Activity Day	Date	Time	RDR/SR
410606D Mon	Jan 11 & 25	1-2:30pm	\$26/\$36

"Heaven's Birch" Acrylic class

You will paint a beautiful birch tree that stretches to the sky! Class will be painting on 2 frame-able acrylic notecards, (frame included!)

Activity Day	Date	Time	RDR/SR
410606E Mon	Feb 1 & 8	1-2:30pm	\$26/\$36

"Birds of a Feather, Flock Together" Acrylic class

Don't miss this memorable class! You will be painting your family tree on 8"x10" acrylic paper, with birds! You can choose you and a spouse, or branch out and put all the kids and grandkids on branches as well. Included in the fee are 8 print copies of your painting that you can share with family.

Activity Day	Date	Time	RDR/SR
410606F Mon	Feb 22 & 29	1-3pm	\$32/\$42

ACTIVE SENIORS

The Senior Center
480 Rocky Fork Blvd.
614.342.4265



General Information

Please register for all Active Senior Programs in person at The Senior Center.

Registration Day is Monday, September 14.

The Center's 2015 Active Senior annual membership fee is \$20 for residents and \$30 for non-residents. **Membership is required for participation in all programs for Active Seniors.**

The primary goal of the Active Senior activities is to provide programs and services to senior adults to help them remain active, independent and contributing citizens within the community. For further information on programs and services, you may contact The Center at 342-4265 or stop by Monday-Friday between the hours of 8:30am-4:30pm.

A variety of information about services offered to senior adults is available at The Center.

Recurring Weekly Activities

MONDAYS

Yoga
8:45am Monday
Instructor: Lori Bauer
Cost: \$20 each 4 week session.
Also Fridays

Craft/Sewing Projects
Work on craft/sewing projects. New ideas welcome.
10am

Line Dance
Performance group
10am

Party Bridge
12pm
Cost: .50
Also Wednesday

Table Tennis
Advanced and Beginner players welcome.
3:30pm
Also Thursday

TUESDAYS

Open Art
9:30am
Cost: \$2

Kitchen Band
No talent needed – Just have fun!
10:30am

Ceramics
Complete the project of your choice
12:30pm

Euchre
12:30pm
Cost: .25

Bean Bag Baseball
Come and join the fun!
3:15pm

WEDNESDAYS
Quilting Guild
Hand quilting on frame
9am

Zumba Gold
Instructor: Carolyn Strayer
9am
Cost: \$20, 4 weeks

Party Bridge
6:30pm
Cost: .50
Also Mondays

THURSDAYS
Wii Bowling Practice
10am
League play Fridays

Table Tennis
Advanced and beginner players welcome
3:30pm
Also Mondays

Tai Chi
Chang Style
10am
Begins Sep 17

Calligraphy
Join instructor Sandy Mundy
12:45pm
Begins Sep 17
Cost: \$20, 4 weeks

FRIDAYS

Yoga
9:15am
Instructor: Lori Bauer
Cost: \$20, 4 Weeks
Also Mondays

Wii Bowling League
10:15am
Practice Thursdays
Duplicate Bridge
12:30pm
Cost: .50

Mahjong
1pm

The Center will be closed December 21-January 1 for Winter Break!

Registration Day for Active Senior programs is Monday, Sept 14!

Recurring Monthly Activities

MONDAYS

Book Review Group
3pm
1st & 3rd Monday
Space limited, please call

Creative Cards
Join artist Jean Langkamp to create your own holiday and greeting cards
11am
3rd Monday
Cost: \$1

TUESDAYS

Soup Tuesday
Warm up with homemade soup & crackers. First come, first serve
2nd Tuesday
11:30am – 12:30pm
Cost: \$1
Begins Fall

WEDNESDAYS

Bingo
12:45pm
Last Wednesday
Cost: \$2 must register

Lite Lunch
Cook's Choice
12 noon
Last Wednesday
Cost: \$4, must register

Poker
2pm
3rd Wednesday
Cost: \$3

THURSDAYS

Poker
12:15pm
Check Calendar
Every other Thursday
Cost: \$3

Pinochle
Check calendar
12:15pm
Every other Thursday
Cost: .50

Program Reservation Policy

1. Residents of Gahanna who are members of The Center have the opportunity to register for programs before nonresident members.
2. All trips and programs are filled on a first-come, first-serve basis.
3. NO reservations will be accepted by phone for trips or programs. Reservations MUST be made at the Center.
4. All checks are to be made out to the City of Gahanna (unless otherwise noted). If you are paying in cash, please bring the EXACT amount.
5. A reservation is a firm agreement. Refunds may be made ONLY if your vacancy is filled.
6. If you cancel your reservations, call as soon as possible. You may NOT fill the reservation yourself. Cancelled reservations are filled from the waiting list.
7. You must sign up for yourself and/or your spouse.

ACTIVE SENIORS

Activities & Events

Pizza and Cards

Meet at the Center for pizza, salad and pop. \$5 per person to be paid by Aug 29. Sign up for Bridge or Euchre at the time of registration.

Day	Date	Time
Wed	Sep 2	11:30am

Wine Down Wednesday

Join your friends at Otterbein Senior Lifestyle at Gahanna for an afternoon of refreshments snacks and entertainment. No cost. Please register. Limited transportation.

Day	Date	Time
Wed	Sep 23	2pm

Gahanna Golf League End of the Year Banquet

Lunch and awards following golf play. Senior Golf League members only. Must register.

Day	Date	Time
Thu	Oct 1	following golf play

Fall Fireside Feast

Enjoy a box lunch, entertainment, hayride and loads of fun at Hannah Park (limited transportation). Please register; limited to 40 people. No charge. Sponsored by Sunrise of Gahanna Assisted Living.

Day	Date	Time
Wed	Oct 14	1pm

Halloween Party & Bingo

Chili lunch, best Cowboy costume (prizes), bingo and craft sale. Registration required. Cost \$3. The Halloween party is sponsored by Kensington and National Church Residences.

Day	Date	Time
Wed	Oct 28	12pm

Outlet Shopping

Stop for Breakfast on your own. Enjoy a day of shopping at Tanger Outlet Mall. Return at 4:30 pm. Transportation \$4.00.

Day	Date	Time
Fri	Nov 6	8:30am

Winterfair Christmas Market

Limited transportation provided to Ohio State fairgrounds \$2. Admission \$7.

Day	Date	Time
Fri	Dec 4	10am

Lunch Bunch

Day	Date	Location
Wed	Sep 16	Rosa and Rosco's Italian Restaurant - New Albany
Wed	Oct 21	Hofbrauhaus - Columbus
Wed	Dec 16	Hilton - Easton
Wed	Jan 20	Wine Guy Kitchen & Bar - Gahanna
Wed	Feb 17	101 Beer Kitchen - Gahanna

LUNCH BUNCH DEPARTS AT 10:45am.

You are responsible for the cost of your lunch once a reservation is made.

Christmas Extravaganza

The Extravaganza is a presentation by the Pinnell Dance Center with a special appearance by "The Headliners," the Senior Citizen Line Dancers at the Gahanna Lincoln High School. Admission is a can of food.

Day	Date	Time
Sun	Dec 6	1pm & 4pm

Christmas Open House

Entertainment provided by the Gahanna Lincoln High School Chorale. Enjoy an afternoon of holiday music, dance, a sing along and refreshments.

Day	Date	Time
Wed	Dec 9	1pm

AARP 55 Alive Driving Training

Sharpen your driving skills and maintain your independence through this important class. Cost is \$15 AARP members and \$20 nonmembers (CHECK ONLY TO AARP) Register at the center

Day	Date	Time
Sat	Sep 19	9am-1pm

Pot Luck and Project Interact

Plan now to join us for a delightful and educational program presented by Gahanna-Jefferson school-aged students, and enjoy a delicious pot luck feast prepared by the senior citizens. This program is truly a rewarding experience for everyone. Please register.

Day	Date	Time
Wed	Oct 7	11:30am
Wed	Nov 4	11:30am
Wed	Dec 2	11:30am
Wed	Feb 3	11:30am

Senior Flu Shots and Wellness Clinic

National Church Residences will provide Flu Shots for Senior Citizens only. Call for an appointment 342-4265.

Day	Date	Time
Thu	Oct 15	1-3pm

Income Tax Assistance Program

This program will begin in February. Call 342-4267 for more information and/or appointments beginning January 25.

Gahanna Garnet Gems

Check the registration book at The Center for all details on all activities. Wear your RED HAT and PURPLE DRESS and join the fun!

Sep 10	Morgan House
Oct 6	Nutcracker and Lynn's Fruit Farm
Nov 4	Pot Luck and Kids at the Center
Dec 7	Christmas Lunch
Jan 13	PJ Party
Feb 10	Queens Tea
Mar 9	Pot Luck and Elections
Apr 29	Tour Governor's Residence and Lunch



ACTIVE SENIORS

ACTIVE SENIORS

2015 & 2016 Travel Planner

Payment must accompany reservation! Trip reservations may be made as soon as travel brochures are available at The Center.

Washington, D.C. & Gettysburg, The Best of America

October 29-November 2

Cost: \$999

Motor coach transportation, 4 nights' hotel, 4 breakfasts, 2 dinners, Admissions and tours (see brochure) escort/guide, gratuities and taxes. *Waiting List only on this trip.*

A Dickens of a Christmas, Cambridge, Ohio

December 3

Cost: \$89

Motor coach transportation to Cambridge, tour of Dickens Displays, visit welcome center and Village. Holiday Lunch Buffet, visit National Museum of Glass, English Tea at St. John's Church, downtown shopping and tour of Christmas lights display.

The Magic of Hawaii

January 28- February 7, 2016

Cost: \$3995

Round trip airfare, 2 night accommodations in Waikiki with breakfast, welcome dinner, Honolulu/ Pearl Harbor Tour, Oahu Island tour, 7 nights onboard "The Pride of America", all gratuities, taxes and travel insurance included.

Australia, New Zealand and Fiji

February 9-23, 2016

Cost: \$7398

Roundtrip airfare, 20 meals, fully escorted, travel insurance. Cairns, Great Barrier Reef, Sydney, Australia, Christchurch, Queenstown, Mt. Cook region, Milford Sound, Arrowtown, New Zealand.

Optional Post Tour Nadi, Fiji (additional \$899). Check at the Center for further details on this tour.

Adriatic Tour

April 16-30, 2016

Cost: \$5,796

Roundtrip airfare to Rome, 11 night cruise aboard Holland America "Osterdam" to Naples, Crete, Turkey, Croatia, Venice. Gratuities, taxes and insurance included.

TRAVEL PRESENTATION

World of Travel
January 6
1pm

Please register 342-4265

Open House Active Adult & Senior Programs

Tour The Center to learn about our year-round program offerings. New visitors will receive information on programs and special events, a chance to win a gift card for attending, and are welcome to enjoy refreshments with our New Welcome Team and Program Supervisor. If Open House times are not conducive to your schedule, please contact the Senior Center to coordinate a tour during business hours.

Who: Active Adults 55+

When: Every 1st Monday (except on holidays)
Sept 14 • Oct 5 • Nov 2 • Dec 7

Time: 10am to 1pm & 3pm to 6pm

Where: The Center, 480 Rocky Fork Blvd.

Check out our NEW Active Adult & Active Senior programs!

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Active Adult Fitness Class

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Picture Books 101: Hard Work but Lots of Fun!

Date Night Art Class: Picasso Your Love

Gram, Gramps & Me!

Paint the Parks

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Drying Days at Geroux Herb Garden

Pressed Flower Ornaments

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Holiday Herb Crafts

Guided Nature Trail Walks

Active Adult Canoe Trip

Art Series w/ Heather Reese

STAY N PLAY

Love all Gahanna Parks & Recreation has to offer? Be sure to take advantage of this unbelievable deal on pool membership, golf, shelter rentals, herb center and paddle boats or senior center membership! Over a 30% discount on all packages below!!

Buy now and use through end of season 2016.

Plus – Current pool members use the coupon emailed to you for further discounts!

Family Stay n Play

On sale for SR \$395 /RDR \$345
A \$558 Value

For up to 2 adults and all children in the same household.

Non-Prime 4 Hour Park Shelter Rental

Use Mon-Fri between April and October or any time Nov-March.

20 Rounds of Golf

(not valid during league play) may bring guests with pass holder.

Family Pool Membership

Receive member rates on special events and lessons!

Herb Center Coupons

Pick 5 of the following: 1 free 3" plant at Herb Day, 1 Make n Take Craft, or \$5 towards a class, event or program.

4 Paddle Boat Passes

Each ride holds 2 individuals, must have an adult present.

Couple Stay n Play

SR \$295 /RDR \$275
A \$427 Value

For 2 individuals in the same household.

Non-Prime 4 Hour Park Shelter Rental

Use Mon-Fri between April and October or any time Nov-March.

12 Rounds of Golf

(not valid during league play) may bring guests with pass holder.

Couple Pool Membership

Receive member rates on special events and lessons!

Herb Center Coupons

Pick 5 of the following: 1 free 3" plant at Herb Day, 1 Make n Take Craft, or \$5 towards a class, event or program.

4 Paddle Boat Passes

Each ride holds 2 individuals, must have an adult present.

55+ Stay n Play

SR \$190 / RDR \$170
A \$293 Value

For 1 individual ages 55+.

Non-Prime 4 Hour Park Shelter Rental

Use Mon-Fri between April and October or any time Nov-March.

12 Rounds of Golf

(not valid during league play) may bring guests with pass holder.

Senior Pool Membership

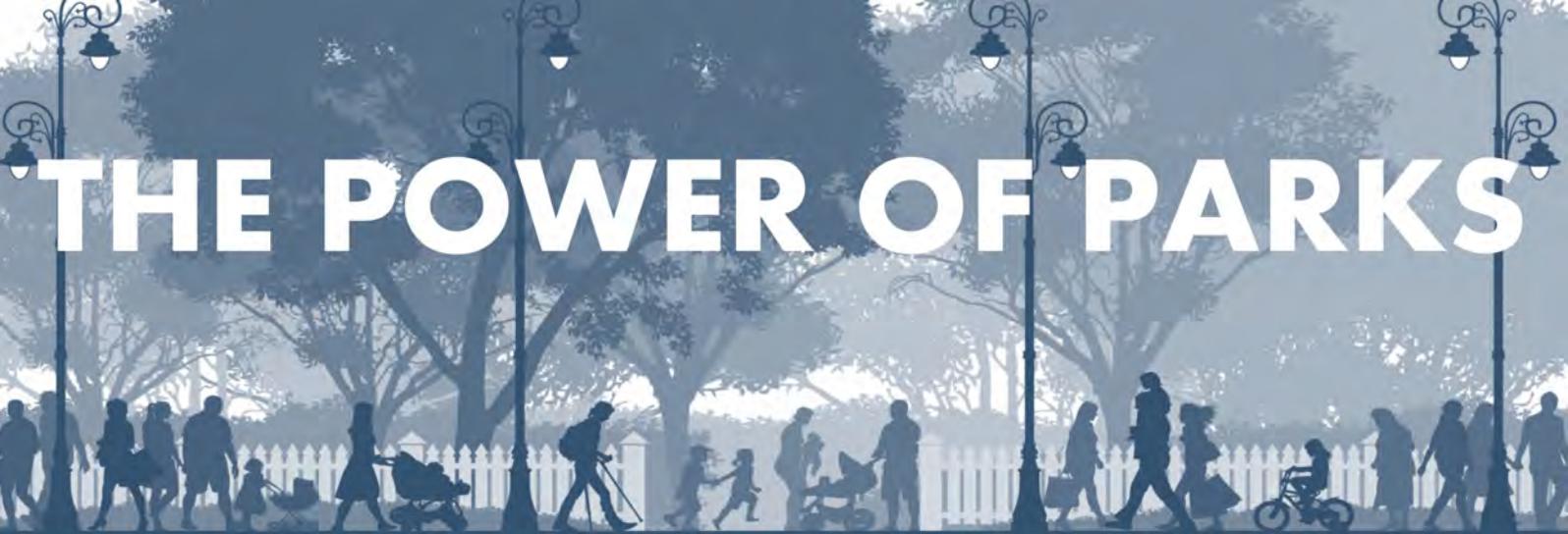
Receive member rates on special events and lessons!

Herb Center Coupons

Pick 5 of the following: 1 free 3" plant at Herb Day, 1 Make n Take Craft, or \$5 towards a class, event or program.

4 Paddle Boat Passes OR Senior Center Membership

Each ride holds 2 individuals, must have an adult present; valid for 1 membership at the Gahanna Senior Center from date of purchase through end of year 2016.



THE POWER OF PARKS

PARKS HAVE ENVIRONMENTAL POWER



1 ACRE OF TREES

Absorbs the carbon dioxide produced by

DRIVING A CAR 11,000 MILES.

PARKS HAVE HEALTH POWER

Increased access to places for physical activity leads to a

25% increase

In people exercising 3 or more days a week



PARKS HAVE SAFETY POWER

In Macon, GA, a revitalized park that included new programming and beautification efforts

reduced incidents of violence by

50%



PARKS HAVE COMMUNITY POWER

Parks strengthen community ties and bring diverse populations together

Parks have the power to strengthen communities, transform lives, and protect the future.

Parks are the most powerful aspect of every community.

Sources: Centers for Disease Control, Environmental Protection Agency, American Planning Association, National Recreation and Park Association



CITY OF GAHANNA
DEPARTMENT OF PARKS & RECREATION

PARKS & FACILITIES

Community Garden Plots

The Community Garden at Friendship Park and the NEW Hannah Park location are the perfect places to grow! We will begin renewing plots on September 1. You must renew your plot by October 5 to keep the same plots! All new plots and plots not renewed by October 5 will be open for sale and ready for new gardeners on November 6. Don't forget to renew early to avoid losing your plot! A limited number of handicapped accessible beds (2' height) are available on a first-come, first-serve basis. Applications will be accepted until all plots have been spoken for.

Location: Friendship Park, 150 Oklahoma Ave.

Lease Term: November 1, 2015 – October 31, 2016

Friendship raised beds are available in 2 sizes:

4' x 4' beds RDR: \$10 each SR: \$15 each

4' x 8' beds RDR: \$15 each SR: \$20 each

Location: Hannah Park, 6547 Clark State Rd.

Lease Term: November 1, 2015 – October 31, 2016

Hannah raised beds are available in 2 sizes:

4' round beds RDR: \$10 each SR: \$15 each

4' x 8' beds RDR: \$15 each SR: \$20 each



Newly constructed community gardens at Hannah Park.

PARKS & FACILITIES

Neighborhood Park Highlight

Friendship Park

Welcome to Friendship Park, located at 150 Oklahoma Ave., near the heart of Olde Gahanna. This beautiful 22+ acre park invites you to play a game of tennis or basketball, enjoy the nature trail, fish from your canoe, take reading outdoors on the Story Trail, enjoy your next event in the rentable shelter or gazebo and play on the playground.



Advertise in the Gateway!

- Direct distribution to Gahanna students and businesses
- Online audience
- Economical pricing
- A limited number of advertising spaces are available per issue
- Be recognized as a supporter of Gahanna's recreation programming
- Receive additional recognition on the Parks & Recreation Facebook and Twitter pages



Interested? Contact us today!
614.342.4250
parksandrec@gahanna.gov

Apply Now for Summer Jobs!

Lifeguards & Camp Counselors are needed for Summer 2016.

Visit the Human Resources page at Gahanna.gov and click on City of Gahanna Jobs. Interviews begin soon!

Show Your Class 5K

Sunday, October 11, 2015

Check in from 8-8:45am

Fun Walk 9am

The Gahanna Get Moving Team and the family of Bob Toopes invite you to the 6th Annual SYC 5K Walk at Creekside Plaza.

Proceeds support experiential education and recreation wellness opportunities for the Gahanna Community. Come celebrate Bob's legacy with family and friends!

T-Shirt Information

To receive a t-shirt register by 5pm Friday, September 25. Pick up t-shirts the day of the walk. Registrants between 9/25-10/11 may not receive shirts.

Registration Options

(614) 342-4250
Fax: (614) 342-4100
Webtrac on www.gahanna.gov
Search program 760001

Fun Walk Fees

\$20 Adults (ages 15+ years)
\$10 Youth (14 and under)



CREEPSIDE FESTIVAL

Wednesday, October 21, 2015 4:30-8pm
Creekside District, 117 Mill St.




CITY OF GAHANNA
DEPARTMENT OF PARKS & RECREATION

614-342-4250
www.creepsidefest.com

  #Creepside

Thank you to our partners who make this event possible.

 SCHNEIDER INSURANCE AGENCY
120 MILL STREET
GAHANNA, OHIO 43230

 The Motorists Insurance
Group, You know us.®

CAMP EXPERIENCES

Winter Camp

Looking for a way to beat the winter blues and enjoy your days away from school? Winter Camp is just for you! Come discover, imagine and move with the energetic Camp Friendship staff over winter break. Participants may choose any number of days during the winter break. Each day will offer different activities or field trips that will be sure to pique your child's interest, while engaging his/her imagination. Extended care hours, field trip fees and a daily snack are INCLUDED in the price, making Winter Camp a great way to spend your break!

Ages: 5-12

Location: Lincoln Elementary School, 515 Havens Corners Rd.

Instructors: Camp Friendship and Gahanna Recreation Staff

Session I: Dec 21, 22, 23, 24

Activity Type	Day	Time	RDR/SR
440901A 4 day	M,T,W,R*	7:30am-5:30pm	\$125/\$135
440901A1	1 day Mon	7:30am-5:30pm	\$40/\$50
440901A2	1 day Tue	7:30am-5:30pm	\$40/\$50
440901A3	1 day Wed	7:30am-5:30pm	\$40/\$50
440901A4	1 day Thu*	7:30am-3:00pm	\$40/\$50

*Camp will be closing early (3pm) on Thu, Dec 24.

Session II: Dec 28, 29, 30, 31

Activity Type	Day	Time	RDR/SR
440901B 4 day	M,T,W,R	7:30am-5:30pm	\$125/\$135
440901B1	1 day Mon	7:30am-5:30pm	\$40/\$50
440901B2	1 day Tue	7:30am-5:30pm	\$40/\$50
440901B3	1 day Wed	7:30am-5:30pm	\$40/\$50
440901B4	1 day Thu	7:30am-5:30pm	\$40/\$50

Important Information:

- Lunch is NOT provided! Campers MUST bring a non-refrigerated lunch each day.
- Each camper MUST have a completed, up to date health history form on Gahanna's CampDoc portal (including immunization records and a front/back copy of insurance card) in order to attend camp. Information regarding the CampDoc process and access will be sent to participants upon registration.
- Campers must be five years old by the first day of the session in which they are enrolled, and may attend until their 13th birthday. Campers MUST be 100% potty trained to attend camp; campers who experience accidents will be removed from camp and no refund will be issued.
- Parents or guardians MUST sign the participant into the program every day and present valid photo identification EVERY DAY in order to sign them out.

Parent Handbook:

Camp policies & procedures are outlined in the Parent Handbook. Copies are available at registration or online at Gahanna.gov.

Attention Winter Break Parents!
Save the Date for Spring Break Camp
Monday, March 28-Friday, April 1, 2016

Participants may choose to register by the day or for the entire week. Details and schedule to come in the Spring/Summer 2016 Program Guide.

Engineering Winter Camp

During Winter Camp, students get to participate in two Engineering for Kids programs (Agent of Change and Robot Olympics), to create a full day of hands-on-activities and FUN S.T.E.M. education!

Agent of Change – Superheroes have amazing powers and limitless energy...what about the rest of us? Can we use wind and water to produce electricity? How can we harness power to help others? These questions and more are explored as students team up to create their own lab and investigate energy sources and harness power. Be an Agent of Change and learn to capture wind and create light.

Robot Olympics – During the LEGO® Robotics Olympics classes, students design and program robots to compete in simulated Olympic events such as sprinting in a race, throwing a basketball, and shooting a puck into a hockey goal. Students use LEGO® Robotics and computers to learn principles of robotics, computer programming and teamwork.

Activity Age	Day	Date	Time	RDR/SR
442101A 7-14	Mon-Thu	Dec 28 – Dec 31	9am-4pm	\$260/\$270

Location: Clark Hall, 380 Granville St.

**Please see other
Engineering for Kids
programs on Page 27**





**FALL NFL
FLAG FOOTBALL**

- Boys & Girls 4-12, All Skill Levels
- \$119 before 8/1, \$139 after 8/1
- 8 Week Season starts 9/13 & includes NFL Jersey, Mouth Guard, Flag Belt and Trophy!
- Games played at Headley Park

Join Today!
ScoreOneSports.com

YOUTH PROGRAMS

Jump Start Sports



Jump Start Sports offers creative sports programs that teach fundamentals, fair play and teamwork. Qualified instructors provide youth with a foundation for growth and nurture their love of sport in an environment that focuses on fun and learning rather than competition. More information is available at www.jumpstartsports.com.

T-Birds T-Ball

Instructional tee-ball for 3-4 year olds. Players learn the basics of catching, fielding, throwing and hitting. Then they apply what they've learned in fun, non-competitive games. Parents are encouraged to participate in the coaching and are provided practice plans and assistance in coaching young children. *Each player will be placed on a team and notified prior to first game. Includes an MLB hat, team shirt and participation award.

Ages: Coed 3-4 years

Activity Day	Date	Time	RDR/SR
402305A Thu	Sep 10-Oct 8	4:30-5:30pm	\$69/\$79
402305B Thu	Sep 10-Oct 8	5:30-6:30pm	\$69/\$79

Location: Woodside Green Park, 213 Camrose Ct.

Rookie League Coach Pitch

A fun introduction to coach pitch baseball for 5-6 year olds. Players will receive instruction in all basics of the sport and will apply what they have learned in fun games. The games will be non-competitive and no score will be kept. Players who are not able to hit a pitched ball will be able to use a tee while learning. Parents are welcomed to assist. Each session includes instruction and game play.

*Each player will be placed on a team and notified prior to first game. Includes an MLB hat, team shirt and participation award.

Ages: Coed 5-6 years

Activity Day	Date	Time(s)	RDR/SR
401306A Tue	Sep 15-Oct 13	4:30-5:40pm	\$69/\$79
401306B Tue	Sep 15-Oct 13	5:40-6:50pm	\$69/\$79

Location: Woodside Green Park, 213 Camrose Ct.



Little Hoop Stars

Instructional and recreational basketball program for children ages 4-6. Players are taught the basics of dribbling, passing, shooting, positioning, defense and rebounding in a fun-oriented program. Then they apply what they've learned in low competition games. All coaching conducted by Jump Start Sports staff coaches use a well-organized, fun-oriented, age-appropriate format.

*Schedules and rosters to be announced prior to first game. Games will be scheduled for 1 hour based on the team and weekly schedule all players receive a team shirt and award.

Ages: Coed 4-6 years

Activity Day	Date*	Time	RDR/SR
402301A Sun	Nov 1-Dec 13	3pm OR 4pm*	\$69/\$79
102301A Sun	Jan 17-Feb 28	3pm OR 4pm*	\$69/\$79

Location: Gahanna School Gym TBD

*skip Nov 29 & Feb 7

Hoop Stars

Instructional and recreational basketball program for children ages 6-8. Players are taught the basics of dribbling, passing, shooting, positioning, defense and rebounding in a fun-oriented program. Then they apply what they've learned in low competition games. All coaching conducted by Jump Start Sports staff coaches use a well-organized, fun-oriented, age-appropriate format. *Schedules and rosters to be announced prior to first game. Games will be scheduled for 1 hour based on the team and weekly schedule all players receive a team shirt and award.

Ages: Coed 6-8 years

Activity Day	Date*	Time	RDR/SR
402302A Sun	Nov 1-Dec 13	1pm OR 2pm*	\$69/\$79
102302A Sun	Jan 17-Feb 28	1pm OR 2pm*	\$69/\$79

Location: Gahanna School Gym TBD

*skip Nov 29 & Feb 7

Volleyball

A fun and instructional clinic, where all fundamentals will be taught, including serves, sets, spikes, blocks, returns, positioning and team strategy. Whether your child is an experienced player or a complete novice, they will have fun learning about the sport. *Schedules and rosters to be announced prior to first game. Games will be scheduled for 1 hour based on the team and weekly schedule all players receive a team shirt and award.

Age: Coed 8-12

Activity Day	Date*	Time	RDR/SR
402303A Sun	Nov 1-Dec 13	5:30pm OR 6:30pm*	\$69/\$79
102303A Sun	Jan 17-Feb 28	5:30pm OR 6:30pm*	\$69/\$79

Location: Gahanna School Gym TBD

*Skip Nov 29 & Feb 7

Check out our new
inclement weather policy.
Page 31



YOUTH PROGRAMS

YOUTH PROGRAMS

Tumblin' 4 Kids

The enthusiastic Tumblin' 4 Kids staff lead these motivational tumbling and gymnastics classes. Participants will learn proper stretching, tumbling and apparatus skills in a fun, encouraging environment!

Fall I: Wednesdays, Sep 9-Oct 14 - 6 Weeks, 30 minute sessions

Location: Golf Course Clubhouse, 220 Olde Ridenour Rd.

Activity Title/Age	Time	RDR/SR
400101A Tumble Tots/2.5-3	4:30-5pm	\$60/\$70
400101B Tumble Tots/2.5-3	5:30-6pm	\$60/\$70
400102A Tumble Tykes/3-4	5-5:30pm	\$60/\$70
400102B Tumble Tykes/3-4	6-6:30pm	\$60/\$70
400103A Tumble Kids 1/4-5	6:30-7pm	\$60/\$70
400104A Tumble Kids 11/5-6	7-7:30pm	\$60/\$70
400108A Turbo Tumblers/7-12	7:30-8pm	\$60/\$70

Fall II: Wednesdays, Nov 4-Dec 16 - 6 Weeks, 30 minute sessions (Skip 11/25)

Location: Golf Course Clubhouse, 220 Olde Ridenour Rd.

Activity Title/Age	Time	RDR/SR
400101C Tumble Tots/2.5-3	4:30-5pm	\$60/\$70
400101D Tumble Tots/2.5-3	5:30-6pm	\$60/\$70
400102C Tumble Tykes/3-4	5-5:30pm	\$60/\$70
400102D Tumble Tykes/3-4	6-6:30pm	\$60/\$70
400103C Tumble Kids 1/4-5	6:30-7pm	\$60/\$70
400104C Tumble Kids 11/5-6	7-7:30pm	\$60/\$70
400108C Turbo Tumblers/7-12	7:30-8pm	\$60/\$70

Winter: Wednesdays, Jan 6-Feb 10 - 6 Weeks, 30 minute sessions

Location: Golf Course Clubhouse, 220 Olde Ridenour Rd.

Activity Title/Age	Time	RDR/SR
400101E Tumble Tots/2.5-3	4:30-5pm	\$60/\$70
400101F Tumble Tots/2.5-3	5:30-6pm	\$60/\$70
400102E Tumble Tykes/3-4	5-5:30pm	\$60/\$70
400102F Tumble Tykes/3-4	6-6:30pm	\$60/\$70
400103E Tumble Kids 1/4-5	6:30-7pm	\$60/\$70
400104E Tumble Kids 11/5-6	7-7:30pm	\$60/\$70
400108E Turbo Tumblers/7-12	7:30-8pm	\$60/\$70

NEW!

Homeschool Creative Arts Class

Looking for a unique creative arts course for homeschool children ages 8-12? This is it! We will cover the following, (but not limited to): Color, Creative-thought process, Installation art, Texture, Art history, Abstract art, all while using ordinary, every-day supplies to stretch our imagination and bring art to life! This class is very hands-on to allow students to think and discover for themselves. The course will run in 8-week sessions-register for one or both sessions.

Ages: 8-12

Activity Day	Date	Time	RDR/SR**
401201A Fri	Sep 4-Oct 23	10:30am-12pm	\$95/\$105
401201B Fri	Nov 6-Jan 15*	10:30am-12pm	\$95/\$105

Location: The Center (Art Room), 480 Rocky Fork Blvd.

*Skip Nov 27, Dec 25, Jan 1 /

**Cost for both sessions RDR \$180/SR \$200

Storybook Acting

This class is story time with a fun twist! Each week the students will get to listen to a story and learn the basics of acting by retelling the story with their own words and act out the story with fun movements! These little actors will get to perform at our final showcase and act out a fun story for friends and family to see!

Ages: 4-7

Activity Day	Date	Time	RDR/SR
401202A Mon	Sep 14–Nov 9	5:30-6:15pm	\$85/\$95

Location: Clark Hall, 380 Granville St.

*Skip Oct 12

Performance Studio: "The Just So Stories"

In this class the case will learn what it takes to put on a production by memorizing lines, learning blocking, working together on props, set design and costuming ideas! Performance Studio turns actors into performers with a 12-week rehearsal schedule to get the cast ready for their big performance in front of family and friends!

Ages: 9-17

Activity Days	Date	Time	RDR/SR
401204A Mon&Thu*	Sep 14–Dec 3	6:30-8pm	\$120/\$130

Location: Clark Hall, 380 Granville St.

Students MUST attend both Monday and Thursday rehearsals

*Skip Oct 12

Acting Basics

Acting Basics is a great class for beginners as well as experienced actors! Each student will learn valuable skills to get them far both in the theater and in everyday life. The actors will each learn one script and one monologue to perform at our friends and family showcase, as well as theater terms, theater games, memorization and audition techniques and so much more!

Ages: 8-17

Activity Day	Date	Time	RDR/SR
401203A Thu	Sep 17–Dec 3	5:30-6:15pm	\$100/\$110

Location: Clark Hall, 380 Granville St.

NEW!

Gram, Gramps, & Me! (Grandparent's Day Art Class)

Create a memorable family tree with Acrylic paint and your hands! This creative adventure for grandparents and grandchildren will make you and your family smile for years to come! Cost is per grandparent & child. \$5 for each additional child with same grandparent.

Ages: All ages welcome!

Activity Day	Date	Time	RDR/SR
421701A Sun	Sep 13	2:30-4:30pm	\$30/\$40

(For additional children with same grandparent, add \$5 per additional child)

Location: The Center, 480 Rocky Fork Blvd.



@GahannaParksRec



/GahannaParksRec

YOUTH PROGRAMS



YOUTH PROGRAMS

Sporties for Shorties **NEW!**

Each week, Jump Bunch coaches will teach lively and positive classes that help children build sports skills and coordination such as throwing, kicking, jumping, balance, and agility. In each class, we will feature different athletic activities, with lively music, colorful sports and fitness equipment, and plenty of exercise for your child. This program provides excellent preparation for organized athletics for your child. Children should dress to be active. All equipment is provided.

Ages: 18 months – 3 years

Activity Day	Date	Time	RDR/SR
402001A Thu	Sep 10–Oct 29	6-6:30pm	\$80/\$90 (8 weeks)
402002A Thu	Nov 5–Dec 17*	6-6:30pm	\$60/\$70 (6 weeks)

Ages: 3-4

Activity Day	Date	Time	RDR/SR
402003A Thu	Sep 10–Oct 29	6:30-7pm	\$80/\$90 (8 weeks)
402004A Thu	Nov 5–Dec 17*	6:30-7pm	\$60/\$70 (6 weeks)

Ages: 5-6

Activity Day	Date	Time	RDR/SR
402005A Thu	Sep 10–Oct 29	7-7:40pm	\$80/\$90 (8 weeks)
402006A Thu	Nov 5–Dec 17*	7-7:40pm	\$60/\$70 (6 weeks)

Location: TBD

*Skip Nov 26

Gahanna Preschool Fair

Come explore local preschool programs all under one roof. Preschools in Gahanna and surrounding areas will be available to share information about their schools.

Date: Thu, Jan 14

Time: 6-7:30 pm

Location: The Center, 480 Rocky Fork Blvd.

Cost to attend: FREE

Check out our NEW Youth Programs Page 23

Homeschool Creative Arts Class
Gram, Gramps, & Me! (Grandparent's Day Art Class)

Page 24 - Quick Touch Soccer Development (QTSD©)
Future Footballers
Youth Development Academy
Sporties for Shorties

Page 26 - Mark Caraway Fitness
Youth Fitness
Youth Nutrition & Fitness Fun

Don't Wait to Register!

Sometimes classes are canceled due to low enrollment. Please register early and encourage your friends to do so to avoid disappointment.

Quick Touch Soccer Development (QTSD©) NEW!
Central Ohio's premier individual and team soccer training company. Our coaches will help your individual or team properly develop AND understand the correct technical skills required for the sport of soccer. With a focus on developing quicker, more creative and more confident players and teams, QTSD© will help take your soccer player's development to the next level!

Future Footballers **NEW!**

The QTSD© "Future Footballers" Program is a development program for players just starting out! Through the use of fun soccer games and challenges, players will learn the basic skills of soccer. Each class will focus on learning the basics of dribbling, passing & receiving, agility, body control and scoring through age-appropriate QTSD© curriculum. This program is great option for any "Future Footballer"!

Ages: 3-5

Activity Day	Date	Time	RDR/SR
412901A Wed	Sept 9–Sept 30	5:30-6:30pm	\$60/\$70
412902A Wed	Oct 7–Oct 28	5:30-6:30pm	\$60/\$70

Location: Academy Park, 1201 Cherry Bottom Rd.

QTSD© Youth Development Academy **NEW!**

The academy is our 4-week development program created to help players develop the necessary soccer fundamentals required for success on the field. Each week, players will have the opportunity to learn and apply the following skills: Proper running form, balance and agility; Creative foot skills and dribbling technique; Fundamental passing and receiving; 1v1 & 2v1 defending and attacking; Proper finishing technique; small sided games.

Ages: 6-8

Activity Day	Date	Time	RDR/SR
412901B Wed	Sept 9–Sept 30	6:30-7:30pm	\$60/\$70
412902B Wed	Oct 7–Oct 28	6:30-7:30pm	\$60/\$70

Location: Academy Park, 1201 Cherry Bottom Rd.



Registration Day
Saturday, Feb. 27, 2016
9am-12pm
Gahanna City Hall

Register for Camp on this day to receive Early Bird prices and make installment payments!

To register for Gahanna summer camp programs, you must complete the following:

- Proof of residency if applicable
- A current health insurance card
- A completed 2016 Summer Camp Registration Form* for each child
- Review the parent handbook and sign acknowledgement of 2016 Parent Handbook*

*All forms and the Parent Handbook will be available on the "Camp" page of the Parks & Recreation tab at Gahanna.gov prior to Registration Day, or they may be picked up at the Parks & Recreation office at Gahanna City Hall early next year.

In order for your camper to attend camp, he/she MUST have a completed health history form. Health history forms are completed through Gahanna's CampDoc portal. Information regarding this process will be sent to participants upon registration.

Hurry! Camps will begin filling this day!

YOUTH PROGRAMS



Youth Fitness & Nutrition w/ Mark Caraway

Certified personal trainer Mark Caraway brings an enthusiastic, energetic approach to fitness that will inspire and engage. Mark's certifications include NESTA Personal Training, NASM Corrective Specialist, ACSM Inclusive Fitness Trainer, Les Mill BodyPump, C.A.T.C.H. (coordinated approach to child health) and has been training for 10+ years through YMCA's, fitness clubs and Wright State University.

NEW!

Youth Fitness

Youth fitness will cover the 5 key elements of physical fitness; stability, strength, cardio, agility and flexibility. This class will teach your child more than 40 new exercises in a fun & interactive format. The participants will not only exercise in class, but will be provided family friendly homework exercises to do throughout the week. Your child's fitness progress will be measured by a fitness test done at the beginning of the 10 week session and at the end.

Activity	Ages	Day	Date	Time	RDR/SR
402801A	6-9	Mon	Sep 14-Nov 16	5:30-6:30pm	\$75/\$85
402801B	10-12	Mon	Sep 14-Nov 16	6:30-7:30pm	\$75/\$85

NEW!

Youth Nutrition & Fitness Fun

Would your child benefit from healthier snack choices and increased activity for improved physical fitness? This is the class for them! In this session your child will be taught proper forms of exercise through motivating fitness games while also learning fun and delicious ways to create healthy snacks to feel better from the inside-out. Follow-up home activities will be provided as well. This is a ten-week, 1 hour drop-off class.

Activity	Day	Date	Time	RDR/SR
403302A	Thu	Sep 17 - Nov 19	6-7pm	\$95 / \$110

Location: The Center, 480 Rocky Fork Blvd.

*Save 15% off the total price when you sign up for both the Youth Fitness & Nutrition program for the same session

Angling with an Officer

Gahanna Parks & Recreation and the Gahanna Police Department have teamed up for this new program. Police officers and P&R staff will be onsite to lead participants to learn the basics of the sport. Casting, rigging and fish identification are several of the topics. Participants, who are 16 and older and are actively fishing, are required to have a fishing license. All equipment will be provided including bait & tackle. Pre-registration is required. Cost is per person.

Ages: All ages

Activity Day	Date	Time	RDR/SR*
430402A	Sat	Sep 12	10am-12pm \$5/\$8

Location: Woodside Green Park, 213 Camrose Ct.



NEW!

Zombie Apocalypse Redux

A strange virus is once again plaguing Gahanna and turning its inhabitants into zombies. In the second chapter of Gahanna's Zombie Apocalypse, you will walk in the shoes of emergency responders as they try to suppress the virus before it gets out of hand. Along with other fun zombie activities, you will learn what is required of our local government, Hazmat workers from the CDC, doctors, the National Guard and individual citizens in emergency situations. This event requires registration through the Columbus Metropolitan Library. Teens may register at any CML branch or through the website at www.columbuslibrary.org beginning May 31. For more information, visit the Gahanna Branch of the Columbus Metropolitan Library.

Ages: 12-17

Day	Date	Time	RDR/SR
Sat	Oct 17	3-6pm	Free

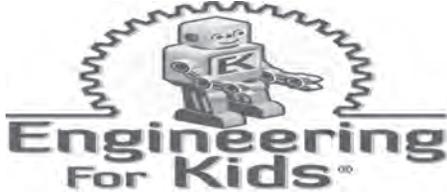
Location: Columbus Metropolitan Library - Gahanna Branch

YOUTH PROGRAMS



YOUTH PROGRAMS

Engineering for Kids



We put the excitement in S.T.E.M. education by offering hands-on-learning for children ages 4 to 14 through FUN activities from designing and constructing video game software and making their own play dough concoction to creating LEGO® robots. Building on natural curiosity and developing problem-solving skills, our hands-on-programs will foster a lifelong love of science and discovery in your child.

Junior Mechanical Engineering Toys: Let's Make Toys

The Junior Mechanical Engineering Toys classes introduce our youngest engineers to fundamental concepts of energy, materials and movement. Students explore and construct six different toys throughout this unit, including spinners, magical boomerang cans, wind-up whirligigs and more. 6 weeks.

Age: 4-6

Activity Day	Date	Time	RDR/SR
402701A Wed	Sep 9-Oct 14	5:45-6:30pm	\$85/\$95

Location: Clark Hall, 380 Granville St.

Software Engineering: Scratch Video Sensing

What's more fun than playing an interactive video game? Writing one! Video sensing allows students to design and program their own video games and then test them by interacting with the program via webcam. In this Scratch program, students work together to create their own games, art and musical instruments while exploring coding foundations. Get up and get moving with Engineering for Kids and Scratch:Video Sensing! 6 weeks.

Age: 7-14

Activity Day	Date	Time	RDR/SR
402704A Wed	Sept 9-Oct 14	6:45-8:15pm	\$110/\$120

Location: Clark Hall, 380 Granville St.

Environmental Engineering: Go Green

During the Environmental Engineering classes, students use the Engineering Design Process to design, create, test and refine basic solutions related to alternative energy and environmental issues. They learn principles behind crafting efficient wind-powered machines and discover how those machines can be used to help reduce the use of fossil fuels. During the culminating project, students test different materials to discover which ones most effectively clean up after an oil spill. 6 weeks.

Age: 7-14

Activity Day	Date	Time	RDR/SR
402705A Thu	Sept 10-Oct 15	6:00-7:30pm	\$110/\$120

Location: Clark Hall, 380 Granville St.

Junior Chemical Engineering: Crazy Concoctions

The Junior Mechanical Engineering classes introduce our youngest engineers to fundamental concepts of solids, liquids, and solutions. Students investigate the properties of several crazy concoctions and make their own samples of bubbles, play dough, flub and more.

Age: 4-6

Activity Day	Date	Time	RDR/SR
402701B Tue	Oct 20-Nov 24	5:45-6:30pm	\$85/\$95

Location: Clark Hall, 380 Granville St.

Chemical Engineering: Mix It Up

During the Chemical Engineering classes, students use the Engineering Design Process to design, create, test, and refine various mixtures and solutions with different chemical properties. They develop solutions to clean up an oil spill, synthesize their own rocket fuel and investigate the secrets behind color pigmentation.

Age: 7-14

Activity Day	Date	Time	RDR/SR
402705B Tue	Oct 20-Nov 24	6:45-8:15pm	\$110/\$120

Location: Clark Hall, 380 Granville St.

Robotics: Robo Games

During the LEGO® Robotics Robo Game classes, students design and program robots to play games such as playing paddle ball, running a race, and hungry hungry robots. Students use LEGO® Robotics and computers to learn principles of robotics, computer programming and teamwork.

Age: 7-14

Activity Day	Date	Time	RDR/SR
402703B Mon	Oct 19-Nov 23	6:00-7:30pm	\$110/\$120

Location: Clark Hall, 380 Granville St.

Junior Aerospace Engineering: Taking to the Skies

The Junior Aerospace Engineering classes introduce our youngest engineers to fundamental concepts of aircraft and spacecraft design. Through open and focused exploration, students explore and construct airplanes, rockets, hot air balloons and more.

Age: 4-6

Activity Day	Date	Time	RDR/SR
402701C Wed	Jan 20-Feb 24	5:45-6:30pm	\$85/\$95

Location: Clark Hall, 380 Granville St.

Electronic Game Design: Invader Defense Games

During the Electronic Game Design: Invader Defense classes, students will use Multimedia Fusion 2® to create their own video game. Whether students wish to fire marshmallows or missiles, they build a complete video game from start to finish. They program characters to survive a wave of enemy attacks in order to reach the next level. At the end of the class, students take home a copy of the game they create.

Age: 7-14

Activity Day	Date	Time	RDR/SR
402703C Wed	Jan 20-Feb 24	6:45-8:15pm	\$110/\$120

Location: Clark Hall, 380 Granville St.

See Engineering for Kids Winter Camp on Page 21

2nd Annual

September 19, 2015



**Creekside
Hops &
Vines
Fest**

A Wine & Beer Tasting

Benefitting the Gahanna Parks & Recreation Foundation

6:30-10pm

Purchase your tickets now!

GahannaPRF.org



THANK YOU

On behalf of the Gahanna Department of Parks and Recreation, we would like to thank all our partners who have supported our events and programs. Without you, these programs would not be possible.

Creekside Live

Lew Griffin Insurance & Grange Insurance

Creekside Local Cantina

Kemba Financial Credit Union

Gahanna Rotary

Gahanna Parks & Recreation Foundation

Yudu Salons

Funtrail Vehicle Accessories

Fox & Fox Law Co.

Genesis Audio

Four Seasons Sports

Seahorses Swim Team

BlankenBecler Advisors, Inc.

Herb Day

State Farm Agent Andrea Taylor

Dr. Pam Gant, DDS

Creepside*

Schneider Insurance & Motorist Insurance

State Rep. Anne Gonzales

Hops & Vines Fest*

Heartland Bank

Funtrail Vehicle Accessories

Camp Friendship

Niagara Bottling, LLC

CeraNet

Ellis Oral Surgery

***There's still time to get involved with our programs and events this year. If you would like to be involved, please contact our department at 614-342-4250.**

Veterans Day Ceremony

Wednesday, Nov 11
11am

Veterans Memorial Park
73 W. Johnstown Rd.

Deadline to purchase a Veterans Day brick is Oct 1.

Dedicated to all men and women who have served or are currently serving in the US Armed Forces. To honor those who have served our country, buy a brick to be placed at the Gahanna Veterans Memorial Park.

Applications available at Gahanna.gov or at the Parks & Recreation office. The cost is \$25 per brick.

A commemorative certificate is available upon request for an additional \$2.

Please visit GahannaVets.org for more information.

Gahanna Preschool Fair

Thursday, Jan 14, 2016
6-7:30 pm
The Center,
480 Rocky Fork Blvd.
Free

Come explore local preschool programs all under one roof. Preschools in Gahanna and surrounding areas will be available to share information about their schools.

Interested in being an exhibitor?
Call us at 614-342-4250

Creepside Festival

Presented by
Schneider Insurance

Wednesday, Oct 21
4:30-8pm
Creekside Park & Plaza,
117 Mill St.
Free

Put on your costumes, dress up the kids and join us for the 12th Annual Creepside event. This event is FREE and appropriate for all ages. Event highlights include: live music, games, activities, haunted trail, trick or treat with local organizations and plenty of candy.

Big Walnut Creek Clean-up Canoe & Kayak Float

Saturday, Oct 3
Woodside Green Park
213 Camrose Ct.

9am-3pm
Free

The Gahanna Community is invited to work alongside Parks & Recreation employees to beautify one of Gahanna's treasures, the Big Walnut Creek. Several times a year as a result of flooding and littering the creek is full of unnatural debris and trash; along with exploring the creek during the float, participants will be cleaning up the creek. Participants should be ready to work, wear old clothing and footwear appropriate for getting wet and walking in the creek. Parks & Recreation will provide basic equipment for cleanup, canoes, life vests, paddles and a light lunch at Creekside. Pre-registration required, activity is funded through a grant by the Gahanna Parks & Recreation Foundation
Ages: 12+ (under 18 must be paired with an adult) **Class** 431001A

Zombie Apocalypse Redux

Saturday, Oct 17
3-6pm
Free

A strange virus is once again plaguing Gahanna and turning its inhabitants into zombies. In the second chapter of Gahanna's Zombie Apocalypse, you will walk in the shoes of emergency responders as they try to suppress the virus before it gets out of hand. Along with other fun zombie activities, you will learn what is required of our local government, Hazmat workers from the CDC, doctors, the National Guard and individual citizens in emergency situations. This event requires registration through the Columbus Metropolitan Library. Teens can register at any CML branch or through the website at www.columbuslibrary.org beginning **May 31**. For more information, visit the Gahanna Branch of the Columbus Metropolitan Library.
Ages: 12-17
Location: Gahanna Library

Show Your Class 5K

Sunday, Oct 11
Check in from 8-8:45am
Fun Walk 9am

The Gahanna Get Moving Team and the family of Bob Toopes invite you to the 6th Annual SYC 5K Walk at Creekside Plaza.

Proceeds support experiential education and recreation wellness opportunities for the Gahanna Community. Come celebrate Bob's legacy with family and friends! Join us after the walk for a pancake breakfast at 340 Rocky Fork Drive (the Gahanna Senior Center).

Shirt Information: To receive a t-shirt register by 5pm Fri, Sep 25. Pick up t-shirts the day of the walk. Registrants between 9/25-10/11 may not receive shirts.
Adults: 760001A \$20 (15 and over)
Youth: 760001B \$10 (14 and under)

HOW TO REGISTER

1. Register for selected classes and programs on-line!
Get your user name and password to get started!
Call or email Parks & Recreation at 342-4250 or parksandrec@gahanna.gov.
Request online now and be approved within one business day.
2. Call our office at 342-4250.
3. In person at Gahanna City Hall Parks & Recreation Office, 200 S. Hamilton Rd., Monday-Friday, 8am-5pm.
4. Complete and sign the registration form. Enclose fee payment (check or credit card number). Check must be made payable to City of Gahanna. Mail to Gahanna Parks & Recreation, 200 S. Hamilton Road, Gahanna, OH 43230.
5. Complete and sign the registration form. Enclose fee payment (check or credit card number). Checks must be made payable to City of Gahanna. Drop the registration in the drop box located to the left of the front doors of the Municipal Building, 200 S. Hamilton Rd.
6. Fax your signed, completed registration form (available online) to 342-4351 or 342-4100, attention Parks & Recreation. For credit card payments only.

These policies and forms apply to Parks & Recreation and Ohio Herb Education Center programs *only* (not Senior Center programs).

Class Policies

The Gahanna Department of Parks & Recreation requires participants registering for age or grade-specific programs to be the **minimum** age or grade listed by the **first day** of the program.

The Gahanna Department of Parks & Recreation will regularly photograph the classes and their participants. The photographs may be used in publications and online. **If you wish not to be photographed, please indicate so on the registration form.**

Contact Gahanna Parks & Recreation

Phone: (614) 342-4250
 Fax: (614) 342-4351
 Address: 200 S. Hamilton Road
 Gahanna, OH 43230
 Email: parksandrec@gahanna.gov
 Website: Gahanna.gov/departments/parks
 OhioHerbCenter.org



@GahannaParksRec



/CityofGahannaPR



/OhioHerbEducationCenter



/Gahanna-Municipal-Golf-Course

Inclement Weather Cancellation Policy

Participants are notified via email when cancellation decisions are made at least 1.5 hours before the scheduled program begins. Last minute cancellations are still possible.

Programs located at a Gahanna Jefferson school facility (regardless of time) and The Center (480 Rocky Fork Blvd) and Active Senior Programs: Programs are canceled when Gahanna Jefferson Schools are closed for the day and rescheduled at a later date. The Center closes operations and active senior programs when Gahanna Jefferson schools are closed.

For programs occurring on a weekend or beginning after 3pm on a weekday at a non-school location: Class will be held unless there is a level 2 or 3 snow emergency or if the Department of Parks & Recreation determines weather conditions to be hazardous.

Registration Policies

Fee Structure

The City of Gahanna's operations is funded primarily through income taxes paid to the City of Gahanna. For this reason, any person residing in the City of Gahanna, or who is an employee of a business located within the City of Gahanna (which also includes a spouse and/or child of such employee), will pay the **resident discount rate** when registering for a program or when reserving a Park and/or Golf Course facility. All others will be required to pay the **standard rate** otherwise noted. *Please note that even if you have a Gahanna mailing address and/or live within the Gahanna-Jefferson School District, you **MAY NOT** be a qualifying resident of the City of Gahanna.*

In order receive the **resident discount rate**, a person must live within the Gahanna City limits and **may be required** to verify proof of residency by showing a current City of Gahanna water bill, along with any valid photo identification. A full-time employee (spouse or child) of a business located within the City of Gahanna *must* provide proof of employment on company letterhead (with Gahanna address) signed by the personnel director or president of the company. Presentation of a valid photo identification of the employee is also required.

Fees must be paid at the time of registration. Only receipt of payment reserves enrollment. **All programs have limited enrollment.**

Cancellation, Refund and Credit Policies

CLASS CANCELLATIONS: We will contact you if a class has been canceled or filled to maximum capacity prior to processing your registration. If you do not hear from us, please attend the first class.

FACILITY CANCELLATIONS: Reservations canceled more than 30 days in advance of the registration date will receive a refund, less at \$10 administrative fee. Cancellations 14-29 days in advance will receive a 50% refund; cancellations less than 13 days receive no refund. Changes or rescheduled reservations are subject to a \$10 administrative fee. No refunds for inclement weather.

PROGRAM REFUNDS and CREDITS: Refunds are only issued in instances when a class/program has been canceled by the Department.

Absolutely no refunds will be issued for customer requested cancellations, classes and programs.



CITY OF GAHANNA
DEPARTMENT OF PARKS & RECREATION

200 S. Hamilton Road
Gahanna, Ohio 43230



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Fall & Winter Events

- Aug 28 & Sep 25 Glow Golf**
- Aug 29 Senior Golf Tournament**
- Sep 19 Hops & Vines Fest**
- Oct 3 Big Walnut Creek Clean-up Canoe & Kayak Float**
- Oct 11 Show Your Class 5k**
- Oct 16 Fright Night Glow Golf**
- Oct 21 Creepside Festival**
- Nov 11 Veterans Day Ceremony**
- Dec 5, 12, 19 Visits with Santa @ The Herb Center**
- Jan 14 Gahanna Preschool Fair**
- Feb 27 Summer Camp Registration Day**

Please see program details inside this Gateway. Dates and times are subject to change. Please visit the Parks & Recreation page at Gahanna.gov, or follow us on Twitter and Facebook for the latest information.

CALENDAR HIGHLIGHTS