

THE GATEWAY

CITY OF GAHANNA
DEPARTMENT OF PARKS & RECREATION



FALL 2014 PROGRAM GUIDE

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Our Civic Leaders

Mayor: Becky Stinchcomb

City Attorney: Shane W. Ewald

Gahanna City Council:

Ward 1: Stephen A. Renner

Ward 2: Michael Schnetzer

Ward 3: Brian Larick

Ward 4: Jamie Leeseberg

At Large: Karen J. Angelou

Ryan P. Jolley

Tom Kneeland

Parks & Recreation Board

Meetings held at 7pm on the first Wednesday of each month at City Hall unless otherwise noted. All meetings are open to the public. Meeting schedules available at www.gahanna.gov

Vincent Tremante, Chair

Eric Miller, Vice Chair

Cynthia Franzmann

Luke Messinger

Andrew Piccolantonio

Jan Ross

Jill Schuler

Gahanna Landscape Board

All meetings are open to the public. Meeting schedules available at www.gahanna.gov

Melissa Hyde, Chair

Jane Allinder, Vice Chair

Mark DiGiando

Ken Shepherd

Matt Winger

Volunteer Advisory Committees

The Parks & Recreation Board created the following advisory committees to assist the Department of Parks & Recreation with facilitating planning, promotion and implementation with the assistance of volunteer residents. Please call 342.4250 if interested in volunteering on any of these committees.

Natural Resources Advisory Committee

The Natural Resources Advisory Committee is tasked to inventory the natural resources in each of Gahanna's parks.

Parks & Recreation Staff

Tony Collins, Director

Troy Euton, Deputy Director

Pam Ripley, Administrative Assistant

Mike Musser, Parks Superintendent

Jim Ferguson, Parks Foreman

Rob Wendling, Parks Technician - Forestry

Marty White, Facilities Foreman

Shannon Sorrell, Recreation Superintendent

Danise Hall, Senior Services Supervisor

Zac Guthrie, Recreation Supervisor

Part-Time Coordinators

Peggy Cindia, Front Desk Coordinator

Sara Crombie, Camp Coordinator

Sophia Dimofski, Senior Center Coordinator

Denny Evans, Facilities Coordinator

Joe Hebdo, Parks Coordinator

Bill Loebick, Parks Naturalist

Beth McCollam, Public Information Coordinator

Janet Mizera, Front Desk Coordinator

Erica Powell, Assistant Recreation Coordinator, Herb Center

Brooke Sackenheim, Recreation Coordinator, Herb Center

Jordan McCoy, Golf Course Coordinator

Tristian Sutton-Jennings, Recreation Coordinator

Bicycle & Trail Advisory Committee

The Bicycle Advisory Committee, originally formed in 1995, is instrumental to the formation of our Bikeway Plan. This committee is meeting on a regular basis to update the original plan.

Aquatics Advisory Committee

The Aquatics Advisory Committee offers guidance and recommendations for Gahanna's city-run pools.

AROUND GAHANNA

AROUND GAHANNA

Gahanna Veterans Memorial



Dedicated to all men and women who have served or are currently serving in the US Armed Forces. To honor those who have served our country, buy a brick to be placed at the Gahanna Veterans Memorial Park.

Applications available at gahanna.gov or at the Parks & Recreation office. The cost is \$25 per brick. A commemorative certificate is available upon request for an additional \$2. Bricks are dedicated on Memorial Day and Veterans Day.

Deadline to purchase a Veterans Day brick is October 1.

Please visit GahannaVets.org for more information.

Veterans Day Ceremony

Tuesday, Nov. 11 at 11am

Veterans Memorial Park, 73 W. Johnstown Rd.

Creepside Festival

Put on your costumes, dress up the kids and join us for the 11th Annual Creepside event. This event is FREE and appropriate for all ages. Event highlights include: live music, games, activities, haunted trail, trick or treat with local organizations, and plenty of candy. Presented by Schneider Insurance & Strathmore Development.

Wednesday, October 22, 2014

4:30-8 pm

Creekside Park & Plaza, 117 Mill St.

FREE!

Thank you to our sponsors who make this community event possible!



Holiday Lights Season

**Presented this year by the
Gahanna Convention & Visitors Bureau.**

For times and complete schedule go to visitgahanna.com



November 23
Holiday Lights Begins

December 13
Character Breakfast Gahanna
Sanctuary

December 6, 13, 20
Visits with Santa at the Herb
Center
9am-1pm

December 6
Santa Run
9am

January 4
Holiday Lights Ends



Big Walnut Creek Family Canoe Float

The day will start at Woodside Green Park with American Canoe Association instructor Zac Guthrie providing a Paddling Smartstart introduction. The float will begin at Woodside Green Park and conclude at Pizzurro Park. Appropriate for ages 8 and older; participants 17 & under must be accompanied by an adult. A light lunch at Creekside will be included along with the canoes, life vests, paddles and tour guides to help along the float along with transportation back to Woodside Green Park.

Ages: 8+ (under 18 must be paired with an adult)

Class Day Date Time RDR/SR

431001A Sat Sep 6 9am-3pm \$20/\$25 (fee is per person)

Location: Woodside Green Park, 213 Camrose Ct



Paws in the Plaza

Join other dogs as they bring their owners to stroll through the paths, river walks, paddleboats, pet friendly shops, and visiting vendors, businesses and rescues in downtown Olde Gahanna. Enjoy special treats, free nail trimmings, free giveaways, and more!

First Thursday of each month, April - October

Sep. 4, Oct. 2

Time: 4:30 - dusk

Location: Creekside Plaza, 117 Mill St., all around downtown Olde Gahanna

For more information: (614) 342-4041 or OldeGahanna.com

RENTAL FACILITIES

Park Shelters

Shelter rental rates are seasonal; (in-season) April-October and (off-season) November-March.

In-Season: April to October Saturday, Sunday & Holiday rates					April to October: Mon-Fri only rates November to March: Every day rates		
	Rental Times	Non-Profit	Resident	Standard	Non-Profit	Resident	Standard
Friendship Park Gazebo*	10a-2p / 4p-8p	\$30	\$30	\$30	\$15	\$20	\$25
Woodside Green Park Shelter	10a-2p / 4p-8p	\$60	\$60	\$80	\$30	\$30	\$40
Friendship Park Shelter*	10a-2p / 4p-8p	\$80	\$80	\$100	\$30	\$30	\$40
Hannah Park Shelter*	10a-2p / 4p-8p	\$140	\$140	\$180	\$30	\$30	\$40

* From June to August, these facilities are available weekdays from 7pm - dark due to camp programs.

Inside Facilities - rent hourly

	Monday-Friday				Saturday, Sunday & Holidays			
		Non-Profit	Resident	Standard		Non-Profit	Resident	Standard
Golf Course Clubhouse	Rent hourly (3hr min) 8am-11pm	\$35	\$35	\$50	Rent hourly (3hr min) 8am-11pm	\$45	\$65	\$80
Flat Rate Special (5+ hrs) Golf Course	<i>as available</i>	\$157.50	\$157.50	\$225	<i>as available</i>	\$292.50	\$292.50	\$360
Ohio Herb Education Center	Rent hourly, as available	\$35	\$35	\$50	Rent hourly, as available	\$50	\$50	\$75

Additional Information:

- Rates subject to change without notice.
- Smoking prohibited in all shelters, clubhouse and the Herb Center.
- Alcohol permits will be available for purchase for rentals occurring on/after January 1, 2015 at the Golf Course Clubhouse and Hannah Park Shelter ONLY.
- Facilities are rented on a first-come first served basis. Payment, deposit and reservation form is required to reserve the facility or shelter. Facilities are available for rent one calendar year in advance. For example, if you are interested in renting a facility for April 30 2015, you may do so on April 30, 2014.
- Refundable security deposit of \$100; all rentals require a check dated with the event date or credit card valid on event date deposit. Deposits are charged when contracts are violated (including but not limited to issues such as: facility not cleaned properly, unpermitted alcohol, smoking, and use during non-rented hours).
- To rent a facility: reservation forms are available at the Parks & Recreation office or online at www.gahanna.gov. Please call 342.4250 to check for availability.
- Additional permits required for all amusement providers (game trucks, inflatables, etc.)
- Interested in reoccurring rentals? Call us to discuss rates.
- Check website for additional information.

RENTAL FACILITIES

We are pleased to introduce the availability of amusement and catering permits at Hannah, Friendship and Woodside Green Parks. Additionally we are pleased to introduce alcohol permits at Hannah Park and the Golf Course Clubhouse. Please call our office for details!

Permit Type	Price – 16 days prior to event	Price – within 15 calendar days of event	Notes
Amusement Permit	\$30	\$60	Must have for each inflatable, dunk tank, band, dj, etc.
Catering Permit	10% of total food bill		Must use authorized providers.
Hannah Park Alcohol Permit	\$150	\$300	
Golf Course Clubhouse Alcohol Permit			

RENTAL FACILITIES

*Catering from ONLY Permitted Catering List is an option for food and non-alcoholic/alcoholic beverages. You may provide your own (non catered) food and non-alcoholic drinks. One time Caterers and renters cannot bring alcohol. Permitted caterer list can be obtained at the Parks & Recreation office.

*Hannah Park Alcohol; with approved permit, all alcohol must be brought into facility by approved caterer at Hannah Park.

* Golf Course Alcohol; with approved permit, all alcohol must be purchased from Golf Course and brought in by approved Caterer.

* Amusement providers must be approved by Gahanna Parks & Recreation.



Friendship Park Shelter & Gazebo



Hannah Park Shelter



Woodside Green Park Shelter



Golf Course Clubhouse



Ohio Herb Education Center

GOLF COURSE

220 Olde Ridenour Rd. Pro Shop - 614.342.4270
Gahanna Parks & Recreation - 614.342.4250

2014 Annual Membership Rates

	Residents	Standard (N/R)
Adult	\$357	\$407
Couple	\$510	\$610
Junior (under 18)	\$255	\$305
Senior (55+)	\$255	\$305
Senior Couple	\$408	\$508
Midday*	\$255	\$305

*Midday Memberships include unlimited golf from 9am-3pm, Monday-Friday, excluding Holidays.

U.S. Kids Golf Lessons

Certified U.S. Kids Golf Instructor Jordan McCoy will be giving lessons to junior golfers ages 5-12 years old. The program is designed for kids interested in golf, teach them the basics and introduce them to golf course etiquette. Both group and individual lessons are available. Call the golf course for dates and times 614.342.4270.

Senior Golf Tournament

Come join the fun for our annual 9 hole scramble, shotgun start tournament! Teams are co-ed (2 ladies, 2 gentlemen) space is limited. Pre-registration required. Great proximity prizes and awards for the top three teams! Call the golf course at 342-4270 or The Center at 342-4265 to register your foursome or mail to the contact below.

Date: Thursday, August 28 (raindate: Sep 11)

Time: 9am

Cost: \$20 per person before July 24 or \$25 per person after July 24. Checks payable to Jim Langkamp.

Mail your registration to:
Senior Golf Tournament
Attn: Jim Langkamp
480 Rocky Fork Blvd, Gahanna, OH 43230

Glow Golf

Enjoy 9 holes of Glow Golf under the stars! Each golfer will receive 2 glow in the dark golf balls, glow swag and 9 holes of golf with a cart. This event is a 4 player best ball scramble that is fun for golfers of ALL abilities.

Prizes for winning teams. Call 614.342.4270 to reserve your spot!

Date: Friday, September 5 • Friday, October 10 (Fright Night Golf)

Time: Dusk

Cost: \$30 per player

2014 Greens Fees

	Adult	Junior (under 18) or Senior (55+)
Weekday	\$10	\$8
Weekend/Holiday	\$10	\$10
Additional 9 Holes	\$5	\$5

Motor Cart (9 holes)	\$5
Motor Cart (18 holes)	\$10
Pull Cart	\$2
Golf Clubs	\$5

Lunch Break Special Mon-Thu

11am-1pm 9 holes \$12 with cart

Sunrise Special Mon-Thu

Open-8am; Excluding league times.
9 holes \$12 w/cart

Fright Night Glow Golf

Enjoy 9-holes of spooktacular glow golf, 2 glow in the dark golf balls and riding cart. The event is a four player best ball scramble that mixes glow golf with a Halloween theme. The format will be enjoyable for golfers of all abilities. Prizes awarded to the winning team. Players are encouraged to dress up in their favorite Halloween costume and prepare for scares on the course.

Date: Friday, October 10

Time: Scramble will start between 7:30-8pm

Cost: \$30 per person

Pumpkin Pie Invitational

This outing is a 9 hole, four player best-ball scramble. "Turkey ball" rotates to a different player on each hole. Turkey ball player will be playing stroke play while the other 3 players will remain scramble on the hole. Prizes for 1st place in the scramble and lowest stroke play average for the Turkey ball. Register foursome by calling 614-342-4270.

Date: Friday, November 14

Time: 11am Shotgun Start

Cost: \$25 per player which includes cart and pumpkin pie

Looking to start a league in 2015?

Limited space available!

Call the course to reserve a spot today.

Rangers Needed!

Want to volunteer in a fun, fast-paced environment while spending some time outside?
Contact Jordan McCoy 342-4270 for more information.



Don't Wait to Register!

Sometimes classes are canceled due to low enrollment.

Please register early and encourage your friends to do so to avoid disappointment.

Show Your Class 5K

Sunday, October 12th, 2014

Check in from 8-8:45am Walk begins at 9am

Creekside Plaza, 117 Mill St.

The Gahanna Get Moving Team and the family of Bob Toopes invite you to the 5th Annual SYC 5K Walk at Creekside Plaza.

Bob truly enjoyed walking with the Get Moving Team walkers and loved teaching in Gahanna. Past events have raised \$9,200 towards a comfort station in Bob's honor on the Big Walnut Trail, outdoor education opportunities for Gahanna students, and provided grants for experiential education to Gahanna's students. Once again, the proceeds from this year's event will enhance educational opportunities for children in Gahanna and develop recreational opportunities in the community.

T-Shirt Information

To receive a t-shirt register
by 5pm Friday, September 26
Pick up t-shirts the day of the walk.
*Registrants between 9/27-10/12
will not receive shirts.*

Registration Options

www.gahanna.gov
(614) 342-4250
Fax: (614) 342-4100
recreation@gahanna.gov
Online at www.gahanna.gov

Registration Fees

Due at time of Registration

\$20 Adults (ages 16+ years)

\$10 Youth (ages 10-15 years)

Under 10 years—free with walking adult

**Join us after the walk for a pancake breakfast
at 340 Rocky Fork Drive
(the Gahanna Senior Center).**



HERB CENTER

HERB CENTER

Join

Gahanna Herb Group

The Gahanna Herb Group is a 9-month program focusing on herbs and their uses. Each month students will study in depth one herb and learn hands-on techniques from the culinary, wellness and craft areas. Herbs will be looked at from botanical, historical, folkloric, wellness and energetic points of view. This cooperative learning environment will also have membership to an online web group featuring reference sources, educational videos, informative guides and access to Herb Center staff. This learning group is for individuals who would like to dedicate time to earn a deeper understanding of all things herbal.

"The instructors worked well together and were very informative. They made learning about herbs fun. I liked the hands on approach that kept the classes interesting and I was able to use what I learned right away." –Group Member

Benefits include: monthly class, fresh or dried herb for home practice; exclusive binder for organization and class materials, 10% off all gift shop items, 10% discount on Herb Center classes, offsite group learning opportunities and unlimited access to the online web group.

Dates: Tuesdays, September 9, October 14, November 11, December 9, January 13, February 10, March 10, April 14 and May 12

Time: 6:30-8pm

Full Payment
3x Quarterly Payment
1x Drop In

RDR/SR
\$220/260
\$80/\$95 (Sep/Dec/Mar)
\$30/\$35



Visit our Dry Herb Shed located behind the Ohio Herb Center at 110 Mill St. to see what we are drying!

 /OhioHerbEducationCenter

Shop

Ohio Herb Education Center is open Tuesday-Friday 12pm to 6pm and Saturday 12pm to 4pm. Shop our array of herbal educational books, body care, tea and accessories, culinary spices and our signature Herbal Surrender products.



Rent

Looking for a unique space to hold your next event? Consider the Ohio Herb Education Center's parlor. Popular with bridal and baby showers, the parlor is suitable for parties up to 25 people, this intimate, historic space offers the options of three round tables, two porches and a kitchen. We also offer additional services such as delicious herbal tea or 15-minute herbal ice breakers for your guests. Call 614-342-4380 for details.

Ohio Herb Education Center 2014 Rental Fee Schedule:

Suggested parlor capacity is 25 people	Gahanna RDR	Standard Rate
3-Hour Rental Monday-Thursday	\$105	\$150
Additional Rental Time by the Hour (Mon-Thu)	\$35	\$50
3-Hour Rental Friday-Sunday	\$150	\$225
Additional Rental Time by the Hour (Fri-Sun)	\$50	\$75

2014 Additional Services:

Additional Services	Up to 15 guests	16 to 25 guests
15 minute Herbal Program	\$20	\$30
Herbal Tea for 25	\$10	\$10

Interested in volunteering?
The Herb Center and
Gahanna Parks & Recreation have many
opportunities for you to get involved!
Call 614-342-4250 for details!

The information provided by the Ohio Herb Education Center is primarily for reference and education. It is not intended to be a substitute for the advice of your personal physician. The Center does not advocate self-diagnosis or self medication; nor does the Ohio Herb Education Center endorse alternative medicine in lieu of traditional medicine; it urges anyone with continuing symptoms, however minor, to seek medical advice. Please be aware that any plant substance, whether used as food or medicine, externally or internally may cause an allergic reaction. Consult your primary care physician before making changes to your lifestyle.

HERBAL WORKSHOPS

All classes take place at the Ohio Herb Education Center, 110 Mill St.

Rosemary Bundle: Choose 4 or more workshops in the fall quarter and receive a 10% discount on your classes. Pre-registration for workshops is required. Passes are non-transferable and non-refundable.

Culinary Adventures: Intro to Herb Flavors

Have you ever been interested in how to add herbs to your culinary dishes? In this beginner's class, learn how to use herbs in your everyday cooking as well as learn how to pair herbs to the flavors of your dishes. Participants will get to sample herbs in different, exciting ways.

Instructor: Erin Chittum

Class	Day	Date	Time	RDR/SR
450627A	Sat	Sep 6	1-2pm	\$20/\$25

Erin is the co-owner of The Petite Cottage. Her love of cooking led her to become a chef. She enjoys teaching people how to cook.

Herb Tea: Capturing the Essence of Plants

Herb teas or tisanes are as old as boiling water. They are used for medicinal reasons, as diet aids or as an alternative to caffeinated tea. There are endless varieties and blends and you can create your own personal blend once you know what you like. We will discuss different herbs and tisanes while sampling four herbal teas.

Instructor: Debra Knapke

Class	Day	Date	Time	RDR/SR
451105A	Sat	Sep 27	1-2pm	\$15/\$20

Debra is known as The Garden Sage. She is a book author, nationally renowned garden designer, lecturer and speaker.

Herbal Body Care: Balms, Bombs & Lotions

In this 3-week course, learn how to make your own lip balms, bath bombs and body lotion with natural ingredients from the grocery store. Each week will cover one beauty product and participants will get to create their own product to take away as well as recipes to make at home. Cost includes the full series. Space is limited.

Instructor: Brooke Sackenheim

Class	Day	Date	Time	RDR/SR
451304A	Tues	Sep 16, 23, 30	6:30-7:30pm	\$60/\$75

Brooke enjoys teaching people about the traditional medicinal uses of herbs. She has over 10 years experience with herbs, studying with many well-known herbalists and using them in her daily life.

Culinary Adventures: Jams & Jellies

Add another kitchen technique to your repertoire. Herbs add a certain special flavor and color to jams and jellies. Learn how to make jams and jellies from that extra harvest of herbs. And taste how adding herbs to fruit jams can create a new level of flavor to your family's jelly recipe.

Instructor: Erin Chittum

Class	Day	Date	Time	RDR/SR
450627B	Sat	Oct 4	1-2pm	\$20/\$25

Plant Parts: Botany for Beginners

Have you ever wanted to delve deeper into the science behind growing plants? In this class we will explore botany from a beginner's perspective. Learn about plant anatomy, identification, classification, nutrition and how plants interact with other plants and the environment.

Instructor: Mark A. Miller

Class	Day	Date	Time	RDR/SR
452112A	Sat	Oct 11	1-3pm	\$27/\$35

Mark is the Education Manager at Franklin Park Conservatory and Botanical Gardens. He has over 30 years experience in the horticulture industry.

Herbal Medicine 101: The Digestive System

Many people are interested in learning about traditional medicinal uses of herbs. In this new series, we will explore the different systems of the body, the herbs that are most associated with each system and the actions the herbs have on the body. Good digestion is one of the most crucial factors in having a healthy body. We will learn about the different organs and how they work, imbalances of the system and key botanicals that help with proper digestion.

Instructor: Brooke Sackenheim

Class	Day	Date	Time	RDR/SR
451001A	Sat	Oct 25	1-3pm	\$27/\$35

Culinary Adventures: Herbal Appetizers

Looking for new ideas for appetizers for the upcoming holiday season? Join Erin as she shows you easy, simple appetizers that can be created in a matter of minutes bursting with herbal flavor. Sample her creative endeavors and be inspired to create them at home.

Instructor: Erin Chittum

Class	Day	Date	Time	RDR/SR
450627C	Sat	Nov 1	1-2pm	\$20/\$25

Holiday Family Herb Craft

Come to the Herb Center to celebrate the holiday season with herb crafts, warm beverages and music. For four hours on Saturday, the parlor will be transformed into an open craft area for parents and children. For a small fee per craft, children and adults can create scented pomanders, cinnamon ornaments, or drawer sachets for gifts or to enjoy as keepsakes. This is a drop-in activity. No pre-registration required.

Day	Date	Time	Cost
Sat	Nov 8	12-4pm	\$5/craft or 3 for \$12
Sat	Nov 15	12-4pm	\$5/craft or 3 for \$12
Sat	Nov 22	12-4pm	\$5/craft or 3 for \$12

Visit with Santa at the Herb Center!

Come & meet the jolly old elf, Santa Claus! Santa is taking time out of his busy toy-making season to talk with the little ones about visions of sugar plums, toy soldiers and ponies! As you walk up to the decorated North Pole Annex (the Ohio Herb Education Center) you will be greeted by Santa's elves and helpers that will guide you to the letter writing station. You will then get to sit on Santa's knee and pose for a special keepsake photo. Complete a picture frame that the children make themselves! Then step into Mrs. Claus' parlor for special make & take crafts – Santa's Favorite Hot Chocolate Mix; Sugar Plum Fairy's Dream Pillow; and Mrs. Claus' Peppermint Foot Bath!

Day	Date	Time	Cost
Sat	Dec 6	9am-1pm	\$5/craft/photo or 3 items for \$12
Sat	Dec 13	9am-1pm	\$5/craft/photo or 3 items for \$12
Sat	Dec 20	9am-1pm	\$5/craft/photo or 3 items for \$12

HERBAL WORKSHOPS

Don't Wait to Register!

Sometimes classes are canceled due to low enrollment. Please register early and encourage your friends to do so to avoid disappointment.

Did you know you can register online?
Call 614.342.4250 for details.

ADULT PROGRAMS

ADULT PROGRAMS

Urban Zen

Urban Zen Integrative Therapy was inspired by Donna Karan and developed by Rodney Yee and Colleen Saidman Yee. This class is designed to heal and restore. A certified Urban Zen Integrative Therapist will lead you through practices that include gentle movements, restorative yoga poses, aromatherapy, soothing breath awareness exercises, reiki, and meditation. In a world of over-stimulation and over-work, these practices can offer you a meditative sanctuary. Come join us in this inward healing journey. This class is open to all! No yoga experience necessary. * No class November 27.

Instructor: Lori Bower, Certified Urban Zen Integrative Therapist

Class	Day	Date	Time	RDR/SR
411103A	Thu	Sep 18-Oct 23	5:45-6:55pm	\$75/\$85
411103B	Thu	Sep 18-Oct 23	7:00-8:15pm	\$75/\$85
411103C	Thu	Nov 6-Dec 18	5:45-6:55pm	\$75/\$85
411103D	Thu	Nov 6-Dec 18	7-8:15pm	\$75/\$85

Location: Gahanna Municipal Golf Course Clubhouse, 220 Olde Ridenour Road

Yoga

Join our very experienced teachers who have studied with many great yoga teachers, including Rodney Yee, Colleen Seidman Yee, Doug Keller, Tim Miller, Cyndi Lee, Angela Farmer, Swami Ramananda and more to provide students with a "true" yoga experience."

Sue Johnson, RYT 500, RMT, Certified Yoga on High Instructor

Lori Bower, RYT 500, RMT, Certified Yoga on High Instructor

Hatha Yoga

Feel better, stronger, and relieve stress as you experience the mind/body connection in this class. Explore the benefits of ASANA (yoga postures) to gently stretch and strengthen the body. Breathing techniques quietly relax the mind and emotions and take you into a deeper level of consciousness. You will become more aware of patterns that facilitate a healthy spine and a more relaxed and easeful body, mind, and spirit.

Ages 15+

Beginners

Class	Day	Date	Time	RDR/SR
410102A	Tue	Sep 16-Oct 21	5:45-6:55pm	\$75/\$85
410102C	Tue	Nov 4-Dec 16*	5:45-6:55pm	\$75/\$85

*No class Nov. 25

Location: Gahanna Municipal Golf Course Clubhouse, 220 Olde Ridenour Road

Experienced

Class	Day	Date	Time	RDR/SR
410102B	Tue	Sep 16-Oct 21	7-8:15pm	\$75/\$85
410102D	Tue	Nov 4-Dec 16*	7-8:15pm	\$75/\$85

*No class Nov. 25

Location: Gahanna Municipal Golf Course Clubhouse, 220 Olde Ridenour Road

Slow Flow Hatha Yoga

Gentle, slow flowing warm ups get the body and mind ready to move into a variety of more challenging flow series, including sun salutations and other creative flow movements. Meditation and breath work incorporated. Modifications provided for all student levels. This class will leave you feeling refreshed, relaxed, and energized. To enjoy your yoga experience, please bring a yoga "sticky" mat and 2 firm blankets.

Instructor: Sue Johnson

Class	Day	Date	Time	RDR/SR
410101A	Wed	Sept 17-Oct 22	10:30-11:45am	\$75/\$85
410101B	Wed	Nov 5-Dec 17	10:30-11:45am	\$75/\$85

*No class Nov. 26

Location: Gahanna Municipal Golf Course Clubhouse, 220 Olde Ridenour Road

Gahanna Get Moving Team

The Gahanna Get Moving Team has walked thousands of miles over the past few years, training and talking their way to fun and fitness. Liz Plott leads this group and will share her wisdom on walking and healthy lifestyles. The group meets at Creekside Park on every Saturday morning at 8 am, rain or shine. Registration is required prior to participation.

Ages: 16+

Instructor: Liz Plott, volunteer

Class	Day	Date	Time	RDR/SR
760000	Sat	Year Round	8am	Free

Location: Creekside Park, 117 Mill St.

Show Your Class 5K

The Gahanna Get Moving Team and the family of Bob Toopes invite you to the 5th Annual SYC 5K Walk at Creekside Plaza. Bob truly enjoyed walking with the Get Moving Team walkers and loved teaching in Gahanna. Past events have raised \$9,200 towards a comfort station in Bob's honor on the Big Walnut Trail, outdoor education opportunities for Gahanna Students and provided grants for experiential education to Gahanna's students. Once again, the proceeds from this year's event will enhance educational opportunities for children in Gahanna and develop recreational opportunities in the community. Come celebrate Bob's legacy with family and friends! To receive a t-shirt, register by 5pm Fri, Sep 26. Pick up t-shirts the day of the walk. Registrants between 9/27-10/12 will not receive shirts. Join us after the walk for a pancake breakfast at 340 Rocky Fork Drive (the Center)— *donations encouraged.*

Class	Day	Date	Time
760001A	Sun	Oct 12	9am

Time Check in from 8-8:45am Walk begins at 9am

\$20 Adults (ages 16+ years)

\$10 Youth (ages 10-15 years)

Under 10 years—free with walking adult

Location: Creekside Plaza, 117 Mill St.

Community Garden Plots

The Community Garden at Friendship Park is the perfect place to grow! We will begin renewing plots on September 2. You must renew your plot by October 31 to keep the same plot! All plots not renewed by that date will then be open for sale and ready for new gardeners on November 10. Don't forget to renew early to avoid losing your plot!

Location: Friendship Park, 150 Oklahoma Ave.

Lease Term: October 31, 2014 – October 30, 2015

Raised beds are available in 2 sizes:

4' x 4' beds RDR - \$10 each SR: \$15 each

4' x 8' beds RDR - \$15 each SR: \$20 each

A limited number of handicapped accessible beds (2' height) and chemical free plots are available on a first-come, first-serve basis. Applications will be accepted until all plots have been spoken for.

Don't Wait to Register!

Sometimes classes are canceled due to low enrollment. Please register early and encourage your friends to do so to avoid disappointment.

Enjoy Creekside Park, local craft beers, great wine, live music and gourmet tacos from Local Cantina!



Benefitting the Gahanna Parks & Recreation Foundation

Saturday, September 20, 2014
Creekside Plaza, 117 Mill St.
6:30-10 pm

- The unveiling of new mosaic bench art piece by Christina Grote. The piece will be on display at Creekside for all to enjoy.
- 2014 "Fund the Need" drive; in 2013 "Fund the Need" raised over \$6000 that was dedicated directly to Foundation programs!
- Contributions will help sustain programs such as Community Scholarship Program for Camp Friendship & Gahanna's youth sports program, as well as endowments for programs such as our Gahanna public art initiative.
- Event program to include: 15 wine or beer tastings per ticket, gourmet taco bar, live music, live auctions-including art piece sponsoring rights and raffles.
- Tickets are \$40 before September 18; On September 19 and at the door, \$50 (each ticket includes 15 tastings and catered food).

Purchase your tickets today!
www.gahannapr.org • 614.342.4250



ADULT PROGRAMS

Basketball & Volleyball Open Gyms

Open gym participants must be 18 years of age and bring a valid driver's license. Passes may be purchased at the Parks & Recreation office. Open gyms will run October 2014 - April 2015. Schedule including start date and skip dates will be posted at www.gahanna.gov, all information listed below subject to change.

Single Visit Pass

Resident Discount Rate: \$5; Standard Rate: \$8. If drivers license is not presented, participants will be charged standard rate. Please bring exact change.

Season Pass

(Valid October 2014 – April 2015)

Valid for volleyball or basketball: RDR \$70/SR \$80

Basketball (18 and over):

Tuesdays, 8:30-10:30pm

Middle School South, 349 Shady Spring Drive

Basketball (35 and over):

Thursdays, 8:30-10:30pm

Middle School South, 349 Shady Spring Drive

Volleyball (18 and over):

Tuesdays & Thursdays, 8:45-10:30pm

Middle School East, 730 Clotts Road

ADULT PROGRAMS

GET CONNECTED

City of Gahanna and Parks and Recreation are online!

Be sure to "like" or follow these accounts to receive the latest updates and information pertaining to city events:

facebook.com/CityOfGahanna
 facebook.com/CityOfGahannaPR
 facebook.com/CreeksideNews
 facebook.com/OhioHerbEducationCenter

@CityOfGahanna
 @CreeksideNews
 @GahannaParksRec

Creekside Paddle Boat Hours of Operation	
Cost: \$5 per boat / 1/2 hour	Fall Hours August 18- September 28
Mondays	CLOSED
Tuesdays-Fridays	CLOSED
Saturdays	11am-3pm
Sundays	1-5pm

*Schedule is weather dependent. Hours may vary for special events and holidays.

Fitness

Wabi™ Movement – Move Now. Age Later

Enjoy the benefits of Wabi™ as you experience simple movement patterns choreographed to engage your brain through body activation. Wabi™ Movement is a non-aerobic program designed to meet you where you are. Side effects may include: increased vitality, more confidence when walking, quicker reaction times, increased clarity and focus, and greater overall balance. The program was developed in Central Ohio by physical therapist, Shanon Paglieri and health coach, Jodie Fortine. Come and feel the Wabi™ difference.

Instructors: Shanon Paglieri, MSPT and Jodie Fortine, HCC

CM= Center Member

Class	Day	Date	Time	CM/RDR/SR (per Class)
Session I	Tu or Thu	Sep 16-Oct 9	8:30-9:30am	\$5/\$8/\$10
Session II	Tu or Thu	Oct 14-Nov 6	8:30-9:30am	\$5/\$8/\$10

Location: The Center, 480 Rocky Fork Blvd

Big Walnut Creek Family Canoe Float

The day will start at Woodside Green Park with American Canoe Association instructor Zac Guthrie providing a Paddling Smartstart introduction. The float will begin at Woodside Green and conclude at Pizzurro Park. Appropriate for ages 8 and older, participants 17 & under must be accompanied by an adult. A light lunch at Creekside will be included along with the canoes, life vests, paddles and tour guides to help along the float along with transportation back to Woodside Green.

Ages: 8+ (under 18 must be paired with an adult)

Class	Day	Date	Time	RDR/SR
431001A	Sat	Sep 6	9am-3pm	\$20/\$25 (fee is per person)

Location: Woodside Green Park, 213 Camrose Ct

Register online!

Take advantage of our online system!

Visit the Parks & Recreation page on www.gahanna.gov and click Register Online!

If you need your Webtrac login, please call the front desk at 342.4250.

YOGA

SEE PAGE 10.



ACTIVE ADULTS



The Center
480 Rocky Fork Blvd.
614.342.4265

General Information

Please register for all Active Adult Programs in person at The Center.

The Center's 2014 Active Adult annual membership fee is \$20 for residents and \$30 for non-residents. **Membership is required for participation in all Active Adult programs.**

The primary goal of Active Adult activities is to provide programs and services to senior adults to help them remain active, independent and contributing citizens within the community. For further information on programs and services, you may contact The Center at 342-4265 or stop by Monday-Friday between the hours of 8:30am-4:30pm.

A variety of information about services offered to senior adults is available at The Center.

Recurring Weekly Activities

Mondays Party Bridge 12 noon Free	Euchre 12:30pm \$.25
Craft/ Sewing Projects 10 am Free	Kitchen Band 10:30am (starting October) Free
Performance Line Dance Group 10 am	Wednesdays Party Bridge 6:30pm \$.50
Table Tennis 3:30pm Free	Quilting Guild 9am Free
Yoga 8:45am \$20 per 4 weeks Lori Bauer	Tap Dance Class 10am Free
Tuesdays Wabi 8:30am \$5 -members	Zumba Gold 9am \$20 per 4 weeks Carolyn Strayer
Open Art 9:30am \$2	Thursdays Wabi 8:30am \$5 -members
Low Impact Aerobics 10:30-11:15am Must register. \$2	Table Tennis 3:30pm Free
Bean Bag Baseball 3pm Free	Wii Practice 10am Free
Ceramics 12:30pm Bring your own supplies!	Tai Chi 10am Free Beginning Sept. 11

Calligraphy 12:45pm Start Sept 25 \$20 per 4 weeks Sandy Mundy
Fridays Low Impact Aerobics 10:30-11:15am Must register. \$2
Duplicate Bridge 12:30pm .50
Wii Bowling League 10:15am Free
Yoga 9:15am \$20 every 4 weeks Lori Bower

The Center will be closed Dec 22, 2014- Jan 2, 2015

No Program Reservations will be taken until Monday, Sept. 8

See Garnet Gems activities p. 15

Recurring Monthly Activities

Mondays Book Review Group 3pm-1st Mondays 3:15pm- 3rd Mondays Free, space limited call ahead	Thursdays Poker 12:30pm Every other Thursday \$3
Bead Jewelry Class 2nd Monday 1 pm Cost for supplies	Pinochle 12:15pm Every other Thursday \$.50
Creative Cards 11am 3rd Monday \$1 Jean Langkamp	
Tuesdays Soup Tuesday 11:30 am- 12:30 pm Second Tuesday of each month. Hurry in-- first come first serve. \$1	
Wednesdays Bingo 12:45pm Last Wednesday \$2 must register	
Lite Lunch Cooks Choice 12pm Last Wednesday \$4 must register	
Poker 4:30pm 3rd Wednesday \$3	

Lunch Bunch

September 17 Mozart's Restaurant Limited Menu
October 15 Bravo Cucina Italiana
November 19 Mimi Café Limited Menu
December 17 Hilton Easton (Buffet \$22 includes tax, tip, drink, dessert)
January 14 Milano's Italian Restaurant
February 18 Chi Thai Restaurant
LUNCH BUNCH DEPARTS AT 10:45am. <i>You are responsible for the cost of your lunch once a reservation is made.</i>

ACTIVE ADULT

ACTIVE ADULTS

Activities & Events

Pizza and Cards

Meet at the Center for pizza, salad, and pop. \$5 per person to be paid by August 29th. Sign up for Bridge or Euchre at the time of registration.

Date	Day	Time
Sep 3	Wed	11:30am

AARP 55 Alive Driving Training

Sharpen your driving skills and maintain your independence through this important class. Cost is \$15 AARP members and \$20 non members (CHECK ONLY TO AARP). Register at the center.

Date	Day	Time
Sep 20	Sat	9am
Feb 14	Sat	TBD

Pot Luck and Project Interact

Plan now to join us for a delightful and educational program presented by Gahanna-Jefferson school-aged students, and enjoy a delicious pot luck feast prepared by the senior citizens. This program is truly a rewarding experience for everyone. Please register.

Day	Date	Time
Wed	Oct 1, Nov 5, Dec 3, Feb 4	11:30am

End of the Year Golf Banquet

Lunch and awards following golf play at the Golf Course Clubhouse. Senior Golf League members only. Must register.

Date	Day	Time
Oct 2	Thu	following golf play

Senior Flu Shots and Wellness Clinic

National Church Residences will provide Flu Shots for Senior Citizens only. Call for an appointment 342-4265.

Date	Day	Time
Oct 16	Thu	1-3pm

OSU Tailgate Party

Brats, Chips, Drinks, Music

Wear your scarlet and gray and join the fun. The tailgate party is sponsored by Allen Meyer, Investment Representative with Edward Jones. No charge-no registration.

Date	Day	Time
Oct 17	Fri	12pm

Fall Fireside Feast

Enjoy a box lunch, entertainment, hayride, and loads of fun at Hannah Park (limited transportation). Bring a lawn chair. Please register; limited to 40 people. No charge. Sponsored by Sunrise of Gahanna Assisted Living.

Date	Day	Time
Oct 22	Wed	1pm

Halloween Party and Bingo

Chili lunch, best toga costume (prizes), bingo, craft sale. Registration required. Cost \$3.00. The Halloween party is sponsored by Kensington and National Church Residences.

Date	Day	Time
Oct 29	Wed	12pm

Outlet Shopping

Stop for Breakfast on your own. Enjoy a day of shopping at Tanger Outlet Mall. Return at 5:00 pm. Transportation \$4.00

Date	Day	Time
Nov 7	Fri	8:30am

Eye Program

Join us for a program presented by Columbus Ophthalmology including lunch. Details to be announced. Please register. Limited Space.

Date	Day	Time
Nov 6	Thu	11:30am

Winterfair Christmas Market

Limited transportation provided to Ohio State fairgrounds \$2. Admission \$7.

Date	Day	Time
Dec 5	Fri	10am

Christmas Extravaganza

The Extravaganza is a presentation by the Pinnell Dance Center with a special appearance by "The Headliners," the Senior Citizen Line Dancers at the Gahanna Lincoln High School. Admission is a can of food.

Date	Day	Time
Dec 7	Sun	1pm & 4pm

Christmas Open House

Entertainment provided by the Gahanna Lincoln High School Chorale. Enjoy an afternoon of holiday music, dance, a sing along and refreshments.

Date	Day	Time
Dec 10	Wed	1pm

ACTIVE ADULTS

Program Reservation Policy No Reservations will be taken until Monday, Sept. 8

1. Residents of Gahanna who are members of The Center have the opportunity to register for programs before non-resident members.
2. All trips and programs are filled on a first-come, first-serve basis.
3. NO reservations will be accepted by phone for trips or programs. Reservations MUST be made at the Center.
4. All checks are to be made out to the City of Gahanna (unless otherwise noted). If you are paying in cash, please bring the EXACT amount.
5. A reservation is a firm agreement. Refunds may be made ONLY if your vacancy is filled.
6. If you cancel your reservations, call as soon as possible. You may NOT fill the reservation yourself. Cancelled reservations are filled from the waiting list.
7. You may sign up for yourself and/or your spouse.

The Center will be closed for Active Adult programming Dec 22, 2014 - Jan 2, 2015.

2014-2015 TRAVEL OPPORTUNITIES

PAYMENT MUST ACCOMPANY RESERVATION.

Trip reservations can be made as soon as travel brochures are available at The Center.

Biltmore Estate/ Pigeon Forge

October 6-9, 2014

Cost \$899

Motor coach transportation, three nights in Ashville, North Carolina, three breakfasts, three dinners, Smokey Mountain Railroad train ride, Biltmore Estate Tour, Flat Rock Playhouse show, Pigeon Forge dinner and show. Taxes and gratuities included.

San Antonio

December 3-6

Cost \$1499

Roundtrip air to San Antonio, three nights Drury Inn, city tour, Mexican Market Place, Fredericksburg with Winery tour, Wildseed Farm, SAS shoe Factory, LBJ Ranch, Alamo, Riverboat ride, three breakfasts, 2 dinners, Texas Land & Cattle Company, Knibbe Ranch. All taxes and gratuities included.

South America/Machu Picchu

January 15-February 2, 2015

Cost: \$5698

Roundtrip airfare, one night Santiago, Chile with breakfast, one night Buenos Aires, Argentina with breakfast. City tour in Santiago, and Buenos Aires. Fifteen day cruise on Golden Princess. All transfers, port , air taxes, gratuities and insurance included. Optional pre-cruise Machu Picchu tour \$2799 per person double occupancy.

Southern Caribbean Cruise

March 7-15, 2015

Cost: \$2399-\$2999

Roundtrip air to San Juan, Puerto Rico, one night in San Juan with breakfast and tour, seven night cruise aboard Royal Caribbean's "Adventure of the Seas". Stops in Barbados, St. Lucia, Antigua, St Maarten, St Croix. All gratuities, taxes and trip cancellation insurance included.

Gahanna Garnet Gems

Fall Red Hat Events

September 22

Der Dutchman Lunch and Shopping

October 30

Signatures for Lunch and Witches Walk

November 5

Pot Luck and Kids at the Center

December 1

Hickory House for Lunch and White Elephant exchange

January 21

Bring your lunch and play Games at the Center

February 21

50's Party at the Center

March 11

Queens Tea and Elections

Call Ruth Burris at 471-2654 for information.



Glacier National Park, Craters, Cave and Cruises

June 19-27, 2015

Cost: \$3199

Roundtrip air to Boise, Idaho and return from Spokane, Washington. Glacier National Park, Going to the Sun Highway Red Jammer Tour, Lake McDonald Cruise, Shoshone Falls and Ice Cave, Sun Valley Idaho, Northern Quest Casino, Sawtooth Scenic Byway, Boise Trolley Tour, Craters of the Moon Monument, Missoula Montana, Idaho City, Float Trip on Salmon River, Thunder Mountain Train Ride, Lake Pend Oreille, Sacajawea Interpretive Center, Condor Center. Taxes, gratuities and trip cancellation insurance included.

Rhine & Mosel River Cruise

September 21- October 1, 2015

Cost: \$5499-\$7599

Airfare to Zurich and return from Amsterdam. Two nights in Lucerne with walking tour. Seven night riverboat cruise on the new Emerald Sky, nine breakfasts, six lunches, eight dinners with wine, tour the Reichsburg Castle, narrated cruising in Amsterdam. Gratuities and trip cancellation insurance included.

TRAVEL PRESENTATION

World of Travel

Wednesday, January 7, 2015

1pm

Exotic Caribbean, Rhine River Cruise

Please register 342-4265

ACTIVE ADULTS



COMMUNITY LINKS

Senior Programs

Lifecare Meals - A hot lunch program for Gahanna residents 60 years old or older is offered Monday-Friday at Stygler Village at 12:15pm. Please make reservations one day in advance by calling 278-3152. Meals on Wheels are also available by calling 278-3152.

COTA Mainstream - Transportation for medical appointments, social and recreational activities, is available for the handicapped through this program. An application is necessary. Call 275-5828.

Hearing Aid Check and Clean - Earzlink is offering hearing checks, hearing aid care and cleaning on the last Wednesday of each month beginning at 1:00 p.m. Appointments are necessary. Please call 342-4265.

Informational and Referral Services - Information is available Monday-Friday from 8:30am-4:30pm at The Center. Assistance will be offered in helping you to make contacts with the appropriate agency for your needs.

Options for Elders - Information about Franklin County programs and services, including alternatives to nursing home care is available for those ages 60+. Call 526-6200.

Retired and Senior Volunteer Program (R.S.V.P.) - A national program, funded by Congress, places seniors ages 55 and older into meaningful volunteer opportunities in the community. Contact 221-6766, ext. 152, to obtain an application.

OSHIIP (Ohio Senior Health Insurance Information Program) - Appointments are available to answer questions about Medicare, Medicare Supplements, HMO's, Medicaid, long-term care insurance and home health care insurance. Please call 342-4265 for an appointment at the Center.

Dietician - Sponsored by Traditions at Stygler Rd. a licensed dietician will be available on the second Thursday of each month from 11:30 am - 12:30 pm to discuss general nutrition and hydration by appointment only. 614-342-4265. No charge for this service.

Youth Sports

Gahanna Junior League Baseball and Softball

Robert Harris
www.eteamz.com/GJLS/

Gahanna Football League
www.GahannaFootballLeague.com

Gahanna Soccer Association
John Will
gahannasoccer.com

Gahanna Lacrosse Association Inc.
Contact High School Athletic Dept.

Gahanna Youth Basketball (GYB)
Mike Meeks
gybball.com

COMMUNITY LINKS

GET CONNECTED

City of Gahanna and Parks and Recreation are online!

Be sure to "like" or follow these accounts to receive the latest updates and information pertaining to city events:

Facebook icons:
facebook.com/CityOfGahanna
facebook.com/CityOfGahannaPR
facebook.com/CreeksideNews
facebook.com/OhioHerbEducationCenter

Twitter icons:
@CityOfGahanna
@CreeksideNews
@GahannaParksRec

GAHANNA PARKS & RECREATION FOUNDATION

Thank you to the Gahanna Parks & Recreation Foundation and GRIN (Gahanna Residents in Need) for providing camp scholarships to Gahanna kids to attend camp this summer! We appreciate your generosity!

Creepside Festival

Wednesday, October 22, 2014 ☼ 4:30-8pm

Creekside District, 117 Mill St.



614-342-4250
www.Gahanna.gov

  #Creepside

Thank you to our partners who make this event possible.
There's still time for your business to get involved!

 SCHNEIDER INSURANCE AGENCY
120 MILL STREET
GAHANNA, OHIO 43230

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Making a difference in the communities we serve!


CITY OF GAHANNA
DEPARTMENT OF PARKS & RECREATION

YOUTH PROGRAMS

Jump Start Sports

Jump Start Sports offers creative sports programs that teach fundamentals, fair play and teamwork. Qualified instructors provide youth with a foundation for growth and nurture their love of sport in an environment that focuses on fun and learning rather than competition. All programs include a t-shirt. More information is available at www.jumpstartsports.com.

T-Birds T-Ball

A fun and instructional league, where all fundamentals will be taught, including throwing, catching, batting and base running. Whether your child is an experienced player or a complete novice, they will have fun learning about the sport. *Each player will be placed on a team and notified prior to first game. Includes a MLB hat, team shirt, and trophy. 6 weeks.

Class	Day	Date	Time	RDR/SR
402305A	Thu	Sep 4-Oct 2	4:30-5:30pm	\$69/\$79
402305B	Thu	Sep 4-Oct 2	5:30-6:30pm	\$69/\$79

Location: Woodside Green Park, 213 Camrose Court

Little Hoop Stars

Players are taught basics of dribbling, passing, shooting, positioning, defense, and rebounding in a fun-oriented program combined with a recreational game each week. All coaching conducted by Jump Start sports staff using a well organized, fun-oriented, age-appropriate format. *Schedules and rosters to be announced prior to first game. Games will be scheduled for 1 hour based on the team and weekly schedule. 6 weeks. (skip Nov 30)

Class	Day	Date	Time	RDR/SR
402301A	Sun	Nov 2-Dec 14	3pm OR 4pm*	\$69/\$79
102301A	Sun	Jan 18-Mar 1	3pm OR 4pm*	\$69/\$79

Location: Chapelfield Elementary, 280 Chapelfield Dr.

Hoop Stars

Players are taught basics of dribbling, passing, shooting, positioning, defense, and rebounding in a fun-oriented program combined with a recreational game each week. All coaching conducted by Jump Start sports staff using a well organized, fun-oriented, age-appropriate format. *Schedules and rosters to be announced prior to first game. Games will be scheduled for 1 hour based on the team and weekly schedule. 6 weeks. (skip Nov 30)

Class	Day	Date	Time	RDR/SR
402302A	Sun	Nov 2-Dec 14	1pm OR 2pm*	\$69/\$79
102302A	Sun	Jan 18-Mar 1	1pm OR 2pm*	\$69/\$79

Location: Chapelfield Elementary, 280 Chapelfield Dr.

Volleyball

A fun and instructional clinic, where all the basics are taught, including serves, sets, spikes, blocks, returns, positioning and team strategy. Whether your child is an experienced player or a complete novice, they will have fun learning about the sport. *Schedules and rosters to be announced prior to first game. Games will be scheduled for 1 hour based on the team and weekly schedule. 6 weeks.

Class	Day	Date	Time	RDR/SR
402303A	Sun	Nov 2-Dec 14	5:30pm OR 6:30pm*	\$69/\$79
102303A	Sun	Jan 18-Mar 1	5:30pm OR 6:30pm*	\$69/\$79

Location: Chapelfield Elementary, 280 Chapelfield Dr.

Tumblin' 4 Kids

The enthusiastic Tumblin' 4 Kids staff lead these motivational tumbling and gymnastics classes. Participants will learn proper stretching, tumbling and apparatus skills in a fun, encouraging environment!

Fall I Tuesdays: 6 Weeks

Location: The Center, 480 Rocky Fork Blvd.

Class	Title/Age	Day	Date	Time	RDR/SR
400101A	TmbTots/2-3	Tue	Sep 9-Oct 14	5:30-6pm	\$60/\$70
400102A	TmbTykes/3-4	Tue	Sep 9-Oct 14	6-6:30pm	\$60/\$70
400103A	TmbKidsI/4-5	Tue	Sep 9-Oct 14	6:30-7pm	\$60/\$70
400104A	TmbKidsII/5-6	Tue	Sep 9-Oct 14	7-7:30pm	\$60/\$70
400108A	TurboTmb/7-12	Tue	Sep 9-Oct 14	7:30-8pm	\$60/\$70

Fall I Wednesdays: 6 Weeks

Location: Golf Course Clubhouse, 220 Olde Ridenour Rd.

Class	Title/Age	Day	Date	Time	RDR/SR
400101B	TmbTots/2-3	Wed	Sep 10-Oct 15	5:30-6pm	\$60/\$70
400102B	TmbTykes/3-4	Wed	Sep 10-Oct 15	6-6:30pm	\$60/\$70
400103B	TmbKidsI/4-5	Wed	Sep 10-Oct 15	6:30-7pm	\$60/\$70
400104B	TmbKidsII/5-6	Wed	Sep 10-Oct 15	7-7:30pm	\$60/\$70
400108B	TurboTmb/7-12	Wed	Sep 10-Oct 15	7:30-8pm	\$60/\$70

Fall II Tuesdays: 6 Weeks (skip Nov 25)

Location: The Center, 480 Rocky Fork Blvd.

Class	Title/Age	Day	Date	Time	RDR/SR
400101C	TmbTots/2-3	Tue	Nov 11 - Dec 23	5:30-6pm	\$60/\$70
400102C	TmbTykes/3-4	Tue	Nov 11 - Dec 23	6-6:30pm	\$60/\$70
400103C	TmbKidsI/4-5	Tue	Nov 11 - Dec 23	6:30-7pm	\$60/\$70
400104C	TmbKidsII/5-6	Tue	Nov 11 - Dec 23	7-7:30pm	\$60/\$70
400108C	TurboTmb/7-12	Tue	Nov 11 - Dec 23	7:30-8pm	\$60/\$70

Fall II Wednesdays: 6 Weeks (skip Nov 26)

Location: Golf Course Clubhouse, 220 Olde Ridenour Rd.

Class	Title/Age	Day	Date	Time	RDR/SR
400101D	TmbTots/2-3	Wed	Nov 5 - Dec 17	5:30-6pm	\$60/\$70
400102D	TmbTykes/3-4	Wed	Nov 5 - Dec 17	6-6:30pm	\$60/\$70
400103D	TmbKidsI/4-5	Wed	Nov 5 - Dec 17	6:30-7pm	\$60/\$70
400104D	TmbKidsII/5-6	Wed	Nov 5 - Dec 17	7-7:30pm	\$60/\$70
400108D	TurboTmb/7-12	Wed	Nov 5 - Dec 17	7:30-8pm	\$60/\$70

YOUTH



@GahannaParksRec

YOUTH PROGRAMS

Youth Theater

Grown-Up and Me Acting Classes

When we think of the littlest actors we think of the cute little girl on the Goldfish commercial, or the little boy with the dirty baseball uniform on the Laundry detergent commercials! In Grown-Up and Me Acting Class our little ones will learn to be just like the little ones on their TV screen by working on commercials with their grown-up. Because these students cannot read, we ask that their grown-up stay with them while they are in class as well as work on their acting homework with them at home! Our little actors will be given a folder at the beginning of their classes to keep all of their scripts! Please make sure to bring the folder to class each week. At the end of the 8-weeks we will perform in a Showcase to show all that you have learned!

Ages: 4-7

Class	Day	Date	Time	RDR/SR
401202A	Mon	Sep 15-Nov 3	5:15-6 pm	\$80/\$90

Location: Golf Course Clubhouse, 220 Olde Ridenour Rd.

Beginner I Acting Classes

In this acting class our young actors will learn the basics of acting! We will work on terms they will hear in the theater, begin to learn how to create a character and work on scripts with their classmates. Each child will be given a folder at the beginning of the 8-weeks to keep all of their papers and scripts. They must bring it to class every week. They will be given a test at the end of the 8-weeks over the terms they have learned and to see how they have progressed. Our young actors will also perform in a Showcase. Friends and family are welcome to attend the showcase to see how much they have learned!

Ages: 8-12

Class	Day	Date	Time	RDR/SR
401203A	Mon	Sep 15-Nov 3	6:15-7:15pm	\$80/\$90

Location: Golf Course Clubhouse, 220 Olde Ridenour Rd.

Beginner II Acting Classes

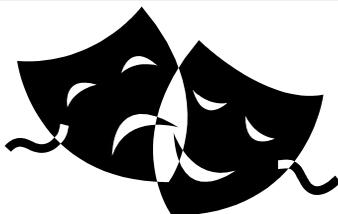
Our Actors with go over the basics of acting starting with Terms they will need to become familiar with in theater! We will also work on age-appropriate scripts as well as monologues! We will begin discussing what steps they will need to take if they choose to make acting a career. Our actors will be given a folder at the beginning of their class to keep all of their scripts and paperwork in for the duration of the classes! Please make sure that they bring their folder to class each week! At the end of our 8-weeks our actors will be performing in a Showcase. This showcase is a time for them to show friends and family all they have learned from class.

Ages: 13-17

Class	Day	Date	Time	RDR/SR
401204A	Mon	Sep 15-Nov 3	7:30-8:30pm	\$80/\$90

Location: Golf Course Clubhouse, 220 Olde Ridenour Rd.

ABOUT THE INSTRUCTOR: Jordan Louks is a theater performer turned teacher with education from the New York Film Academy. Recently Jordan relocated back to Gahanna from the suburbs of Nashville where she worked with the local Parks & Recreation running the youth theater program. With experience in acting, directing and areas such as voice, dance, and improvisation Jordan hopes to ignite a passion in young actors and help them achieve their dreams both on stage and off!



Family Fishing

Get outside to enjoy the natural beauty of Woodside Green Park for Family Fishing. Participants will learn the basics of fishing from hooking the worm to taking the fish off the hook. All supplies are included including bait, tackle and gear. All participants 16+ must have a valid State of Ohio fishing license, fee is per person.

Ages: 6-17

Class	Day	Date	Time	RDR/SR
430402A	Sat	Sep 27	10am-12pm	\$5/\$8 (per person)

Location: Woodside Green Park, 213 Camrose Ct



Winter Camp

Ready to get out of the house? Looking for a fun way to spend your days away from school? Winter Camp is just for you! We are going to explore, create and perform with the energetic Camp Friendship staff over winter break.

Participants can choose any number of days during the winter break. Each day will offer different activities that will be sure to peak your child's interest and includes shirt, snacks and daily field trip or activity (full schedule online).

Examples: Game Truck, Gahanna Lanes, indoor inflatables)

Ages: 5-12

Location: The Center, 480 Rocky Fork

Instructors: Gahanna Recreation Staff

Session I Dec. 22, 23, 24, 26

Class	Type	Day	Times	RDR/SR
440901A	4 days	M,TU,W,F	7:30am-5:30pm	\$120/\$140
440901A1	1 day	Mon	7:30am-5:30pm	\$40/\$50
440901A2	1 day	Tue	7:30am-5:30pm	\$40/\$50
440901A3	1 day	Wed	7:30am-4pm	\$40/\$50
440901A4	1 day	Fri	7:30am-5:30pm	\$40/\$50

Session II Dec. 29, 30, 31, Jan 2

Class	Type	Day	Times	RDR/SR
440901B	4 days	M,TU,W,F	7:30am-5:30pm	\$120/\$140
440901B1	1 day	Mon	7:30am-5:30pm	\$40/\$50
440901B2	1 day	Tue	7:30am-5:30pm	\$40/\$50
440901B3	1 day	Wed	7:30am-5:30pm	\$40/\$50
440901B4	1 day	Fri	7:30am-5:30pm	\$40/\$50

Creekside Paddle Boat Hours of Operation

Cost:	Pre-Summer Hours	Summer Hours	Fall Hours
\$5 per boat / 1/2 hour	May 10- June 1	June 2- August 17	August 18- September 28
Mondays	CLOSED	CLOSED	CLOSED
Tuesdays-Fridays	CLOSED	4pm-8pm	CLOSED
Saturdays	12pm-8pm	11am-8pm	11am-3pm
Sundays	1pm-5pm	12:30pm-4:30pm	1-5pm

*Schedule is weather dependent. Hours may vary for special events and holidays.

WINTER CAMP

YOUTH PROGRAMS

Engineering for Kids

We put the excitement in S.T.E.M. education by offering hands-on-learning for children ages 4 to 14 through FUN activities from designing and constructing rockets, hot air balloons, and toys to robotics, video game designing and creating fun objects using LEGO® bricks and the latest technology. Building on natural curiosity and developing problem-solving skills, our hands-on programs will foster a lifelong love of science and discovery in your child.

Junior Mechanical Toys: Students will learn about various principles of motion as they construct each of the following toys during the course of the unit: Popper, Spinner, Boomerang Can, Wind-Up Whirligig, Buzzer, and the Good Vibrations Guitar.

Aerospace: This class introduces our engineers to fundamental concepts of flight and aircraft design. Through focused exploration and engaging in engineering design; students explore and construct airplanes, rockets, hot air balloons and more.

Robotics 101: This program is designed to introduce students to both robot building as well as programming. The students will build robots to accomplish a specific task while using their imagination to make their robot better than the basic robot.

For more information on our programs please visit engineeringforkids.com or email centralohio@engineeringforkids.com

Fall: 6 weeks

Class	Title/Age	Day	Date	Time	RDR/SR
402701A	Toys/4-6	Mon	Sep 8-Oct 13	9:15-10am	\$79/\$89
402702A	Aero/4-6	Mon	Sep 8-Oct 13	10:15-11am	\$79/\$89

Location: Golf Course Clubhouse, 220 Olde Ridenour Rd.

Class	Title/Age	Day	Date	Time	RDR/SR
402701B	Toys/4-6	Tues	Sep 9-Oct 14	5:30-6:15pm	\$79/\$89
402702B	Aero/7-11	Tues	Sep 9-Oct 14	6:30-8:00pm	\$89/\$99
402703A	1011/7-11	Wed	Sep 10-Oct 15	5:45-7:15pm	\$89/\$99

Location: The Center, 480 Rocky Fork Blvd

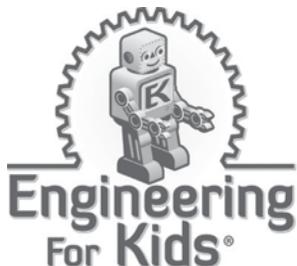
Engineering Winter Camp

Survivor Camp: Join us for a 3 day Survivor Camp! Students will find themselves stranded on an abandoned island filled with perilous obstacles - dark caves, wild animals, cold temperatures, little food and separation from the comforts of home! Your Engineer will be challenged to build their own functioning flashlight, understand how to create insulation to stay warm and build parachutes!

Rescue Robots: Students will use LEGO® Robotics to build and program robots that can be used in rescue-related missions such as navigate through a city destroyed by an earthquake, search for survivors, and rebuilding destroyed bridges.

Class	Title/Age	Day	Date	Time	RDR/SR
442101A	Survive/7-11	M-W	Dec 29-31	9am-12pm	\$99/\$114
442102A	Rescue/7-11	M-W	Dec 29-31	1-4pm	\$99/\$114

Location: Golf Course Clubhouse, 220 Olde Ridenour Rd.



JumpBunch Sports

Coaches lead lively, colorful, and age appropriate activities for toddlers and preschoolers that build motor skills, balance, coordination, muscles and team-work. Teaching will consist of constant praise and encouragement enabling the children to establish self confidence, healthy habits, eye/hand coordination, fine and gross motor skills and balance. Each lesson features a different activity covering sports, sports readiness skills, fitness activities and working together. For more information about this popular program, go to JumpBunch.com, or email ColumbusOH@JumpBunch.com.

Class	Day	Date	Time	RDR/SR
402001A*	Thu	Sep 4-Oct 9	6-6:30pm	\$60/\$70
402002A**	Thu	Sep 4-Oct 9	6:30-7:15pm	\$60/\$70
402001B*	Thu	Oct 23-Nov 20	6-6:30pm	\$60/\$70
402002B**	Thu	Oct 23-Nov 20	6:30-7:15pm	\$60/\$70

Location: The Center, 480 Rocky Fork Blvd

*Parent/Child, ages 18 months-3 years

**Pre-k, ages 3-5

Mom's Morning Off by JumpBunch Sports

Run your errands, have coffee with friends, or take the morning off each Tuesday this summer. Your child will have a great morning of structured sports and fitness, and crafts, games and free play led by JumpBunch Coaches. Each session features a different activity theme covering sports, sports readiness skills, fitness activities and working together. All equipment will be provided. Choose from 8 weeks or single days.

Ages: 3-5 years

Class	Day	Date	Time	RDR/SR
402003A	Tue	Sep 2-Oct 21	9-11:30am	\$144/\$159
402003A1	Tue	Sep 2	9-11:30am	\$22/\$25
402003A2	Tue	Sep 9	9-11:30am	\$22/\$25
402003A3	Tue	Sep 16	9-11:30am	\$22/\$25
402003A4	Tue	Sep 23	9-11:30am	\$22/\$25
402003A5	Tue	Sep 30	9-11:30am	\$22/\$25
402003A6	Tue	Oct 7	9-11:30am	\$22/\$25
402003A7	Tue	Oct 14	9-11:30am	\$22/\$25
402003A8	Tue	Oct 21	9-11:30am	\$22/\$25

Class	Day	Date	Time	RDR/SR
402003B	Tue	Oct 28-Dec 16	9-11:30am	\$144/\$159
402003B1	Tue	Oct 28	9-11:30am	\$22/\$25
402003B2	Tue	Nov 4	9-11:30am	\$22/\$25
402003B3	Tue	Nov 11	9-11:30am	\$22/\$25
402003B4	Tue	Nov 18	9-11:30am	\$22/\$25
402003B5	Tue	Nov 25	9-11:30am	\$22/\$25
402003B6	Tue	Dec 2	9-11:30am	\$22/\$25
402003B7	Tue	Dec 9	9-11:30am	\$22/\$25
402003B8	Tue	Dec 16	9-11:30am	\$22/\$25

Location: Gahanna Golf Course Clubhouse, 220 Olde Ridenour Rd.

Don't Wait to Register!

Sometimes classes are canceled due to low enrollment. Please register early and encourage your friends to do so to avoid disappointment.

Woodside Green Park Offers Visible Street Tree Replacement Options



Street tree replacement options are made visible along the trail and near the shelter house at Woodside Green Park, 230 Camrose Ct. Gahanna residents now have the opportunity to make well-informed choices to replace Ash trees that have been removed.

Like many other cities, Gahanna has lost a large number of Ash trees in the past years due to Emerald Ash Borer. Many of these trees were considered street trees. While the City has led the way in removing these hazard trees, it has also fielded a number of questions for street tree replacement options. In addition to being street tree replacements, the trees offer additional shaded space near the shelter house—another request from park users.

Residents are encouraged to visit Woodside Green Park with their smart phones or tablets, capture the QR code on the trees that catch their attention and read about it. Visitors will learn about the tree's Latin name, audio pronunciation, common name, planting conditions and images. Aside from the basic horticultural information, other information includes bloom time, size, soil and sun preferences.

"We always seek to educate our residents, visitors and students to be good environmental stewards, said Rob Wendling, city forester for the Department of Parks & Recreation.

"This project allowed the city to further diversify its urban forest—an important step in controlling the spread of insects and diseases in our urban landscapes."

Students from Columbus Academy supported city forester, Rob Wendling and parks staff, by planting 16 varieties of trees in the multi-use park. These trees include Miyabe Maple, Amur Maple, Lucas European Hornbeam, Common Hackberry, Turkish Filbert, Hardy Rubber Tree, Princeton Sentry Ginkgo, Espresso Kentucky Coffee Tree, Goldenrain Tree, Moraine Sweetgum, Amur Maackia, Wildfire Black Gum, Canada Red Cherry, Redmond Linden, Purple Robe Locust and Japanese Silk Lilac Tree.

A brochure is available for residents without QR code technology. These brochures will be available at the Parks & Recreation office at Gahanna City Hall and at the Woodside Green kiosk.

Additional benefits to the park include decreased air pollution, increased carbon fixation and additional habitat for animals that will make their homes in this park.

In February, the Department of Parks & Recreation received third place recognition by the Ohio Parks & Recreation Association for Park Area Development under \$1,000,000 for this project.

HOW TO REGISTER

1. Register for selected classes and programs on-line! Get your user name and password to get started! Call or email Parks & Recreation at 342-4250 or parksandrec@gahanna.gov.
2. Call our office at 342-4250.
3. In person at Gahanna City Hall Parks & Recreation Office, 200 S. Hamilton Rd., Monday-Friday, 8am-5pm.
4. Complete and sign the registration form. Enclose fee payment (check or credit card number). Checks must be made payable to City of Gahanna. Mail or drop the registration in the drop box located to the left of the front doors of the Municipal Building, 200 S. Hamilton Rd.
5. Fax your signed, completed registration form (available online) to 342-4351 or 342-4100, attention Parks & Recreation. For credit card payments only.

These policies and forms apply to Parks & Recreation and Ohio Herb Education Center programs *only* (not Active Adult programs).

Class Policies

If the Gahanna-Jefferson Schools close due to inclement weather, Gahanna Parks & Recreation will post updates on the city website, our social media sites and will be contacted by staff.

The Gahanna Department of Parks & Recreation requires participants registering for age or grade-specific programs to be the **minimum** age or grade listed by the **first day** of the program.

The Gahanna Department of Parks & Recreation will regularly photograph the classes and their participants. The photographs may be used in publications and online. **If you wish not to be photographed, please indicate so on the registration form.**

Registration Policies

Fee Structure

The City of Gahanna's operations is funded primarily through income taxes paid to the City of Gahanna.

In order to receive the **resident discount rate**, a person must live within the Gahanna City limits and **may be required** to verify proof of residency by showing a current City of Gahanna water bill, along with any valid photo identification. A full-time employee (spouse or child) of a business located within the City of Gahanna **must** provide proof of employment on company letterhead (with Gahanna address) signed by the personnel director or president of the company. Presentation of a valid photo identification of the employee is also required.

Please note that even if you have a Gahanna mailing address and/or live within the Gahanna-Jefferson School District, you **MAY NOT** be a qualifying resident of the City of Gahanna.

Fees must be paid at the time of registration. Only receipt of payment reserves enrollment. **All programs have limited enrollment.**

Cancellation, Refund and Credit Policies

CLASS CANCELLATIONS: We will contact you if a class has been canceled or filled to maximum capacity prior to processing your registration. If you do not hear from us, please attend the first class.

FACILITY CANCELLATIONS: Reservations canceled more than 30 days in advance of the registration date will receive a refund, less at \$10 administrative fee. Cancellations 14-29 days in advance will receive a 50% refund; cancellations less than 13 days receive no refund. Changes or rescheduled reservations are subject to a \$10 administrative fee. No refunds for inclement weather.

PROGRAM REFUNDS and CREDITS: Refunds are only issued in instances when a class/program has been canceled by the Department.

Absolutely no refunds will be issued for customer requested cancellations, classes and programs.

Thank you!

Hunters Ridge Seahorses Swim Team
Platinum Sponsor



BlankenBeeler Advisors, Inc.
Certified Public Accountants & Business Consultants

Contact Gahanna Parks & Recreation

Phone: (614) 342-4250
 Fax: (614) 342-4351
 Address: 200 S. Hamilton Road
 Gahanna, OH 43230
 Email: parksandrec@gahanna.gov
 Website: www.gahanna.gov/departments/parks
 Facebook: www.facebook.com/CityofGahannaPR
 Twitter: @GahannaParksRec

Don't Wait to Register!
 Sometimes classes are canceled due to low enrollment. Please register early and encourage your friends to do so to avoid disappointment.

HOW TO REGISTER

Thank you to our partners and all the organizations whose time and talents help support the mission of Gahanna Parks & Recreation!

- **Strathmore Development Co.** • **Gahanna Rotary** •
- Stoneybrook UMC • **Gahanna Parks & Recreation Foundation** •
- Low Griffin Insurance** • **Sprout It** • **Schneider Insurance** •
- Fun Trail Vehicle Accessories** •
- Games 2U • GCSTO • Fun Day Events
- Gahanna Convention & Visitors Bureau • Key Bank
- **Mockingbird Meadows** • Toopes Family • CD 102.5
- **State Rep. Anne Gonzales** • **Yuengling** • Pathway Church
- Gahanna Library
- Gahanna Lincoln High School
- art department
- creative writing group
- performance studio

Partner with Gahanna Parks & Recreation

Gahanna Parks & Recreation has a variety of opportunities to promote your organization to the community, as well as showing your support of local Gahanna public events, youth and adult recreation, children’s programs and activities.

A community’s quality of life plays a critical role in attracting and retaining corporations, industries and a knowledge-based work force. Quality of life is instrumental in a young professional or family’s decision to move to a residential area. Often, a parks and recreation department is perceived as simply providing programs and facilities for residents; but a successful department can also be the deciding factor in attracting and retaining businesses and the jobs they bring to the community.

Building and maintaining our parks system provides Gahanna with many economical opportunities including enhanced real estate values, tourism and job opportunities; all which lead to resources returning to the community. Visitors and residents will find value in Gahanna, not only in the quality of life aspects, but in the investment and business opportunities that will grow with this development.

To learn more about opportunities for 2014 and 2015 please email parcsandrec@gahanna.gov or call Gahanna Parks & Recreation 614-342-4250.



THANK YOU



CITY OF GAHANNA
DEPARTMENT OF PARKS & RECREATION

200 S. Hamilton Road
Gahanna, Ohio 43230

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CALENDAR HIGHLIGHTS

Fall Events

- Aug 28** Senior Golf Tournament
- Sep 5** Glow Golf
- Sep 6** Big Walnut Creek Family Canoe Float
- Sep 20** Gahanna Parks & Recreation Foundation Fundraiser: Creekside Hops & Vines Fest
- Oct 10** Fright Night Glow Golf
- Oct 22** Creepside
- Oct 12** Show Your Class 5k
- Nov 14** Pumpkin Pie (Golf) Invitational
- Nov 23-Jan 4** Holiday Lights @ Creekside
- Nov 8, 15, 22** Holiday Family Herb Craft
- Dec 6, 13, 20** Visit with Santa at the Herb Center

Questions about these events? Check the Gateway or call 614-342-4250 for details!

Dates and times are subject to change without notice. Please visit the Parks & Recreation page at Gahanna.gov or visit us on Facebook or Twitter (@GahannaParksRec).