



A ONE-OF-A KIND RACE
TO SUPPORT OUR
HOSPITALIZED VETERANS

FIRST EVER VFW - DEPARTMENT OF OHIO .1K MINI DASH SATURDAY - APRIL 2, 2016

VFW Department of Ohio is sponsoring a really short-, short-short, so-short race called a .1K Mini Dash to benefit our V.A.V.S. Program in Support of our Hospitalized Veterans

ENTER A RACE WHERE ONE AND ALL CAN FINISH!

When: Saturday, April 2, 2016 (Dash begins at 11:00 AM) Rain or Shine!

Where: VFW Tri-County Post 4719 - 75 W. Johnstown Road - Gahanna, OH 43031

(Race track is currently under construction - we're having difficulty on placement of the water station - details to follow)

Who: From our Grand Dames to Tiny-tots; from Airmen to Seaman, from Grunts to J-heads
Come one, come all!!! Anyone can DASH!

Why: To benefit and support our V.A.V.S. Program and Hospitalized Veterans

EARLY REGISTRATION ... \$20.00 per entry (\$25.00 on Dash Day)

is open until Monday, March 28th to guarantee a complete race packet w/ T-shirt, the infamous .1K Dash Sticker, Commemorative Bib and Medallion. However, registrations will be accepted up to and including the day of "The Dash".

SCHEDULE OF EVENTS:

9:00-10:45AM - Dash Day Registration

10:40-10:55AM - Group Stretch and Dash Preps led by Commander "Bubba" and the Fabulous Line O's

10:55AM - Line Up for the gun start!

10:57 AM - National Anthem

10:59.5AM - Laugh Loud & Cheer - 11:00 AM (not finished yet?)

11:15AM - Challenge Dashes Begins

11:30AM - 12Noon - Post Dash Awards and Recognition

12Noon - 2:00PM - Post Dash BBQ

PRESENTING SPONSOR:



WHAT IS A V.A.V.S.??? - Please go to our FAQ page or www.ohiovfw.org

GO TO OHIOVFW.ORG FOR 'THE DASH' REGISTRATION FORM - SIGN-UP NOW!!!