

<p><b>Mondays</b> 9:15a Yoga Gold 10a Crafts 10:30 Line Dancing 12p Bridge 3:30p Table Tennis</p>	<p><b>Tuesdays</b> 8-9:30a Walk program at YMCA (Register at Senior Center) 9:30a Open Art 10:30a Band 12:30p Euchre 1p Ceramics 3p Bean Bag Baseball</p>	<p><b>Wednesdays</b> 9a Quilting Guild 2p Poker (3rd Wednesday monthly) 2p Art with Amber (register) 6:30p Bridge</p>	<p><b>Thursdays</b> 7:30-8:20a Tee Times for Senior Golf League (May-Sept) 9a Zumba Gold 10a Bocci 12:15p Pinochle or Poker 1p Calligraphy (register) 3:30p Table Tennis</p>	<p><b>Fridays</b> 9:15a Yoga Gold 10:15a Wii Bowling League 12:30p Duplicate Bridge 1p Mahjongg 1p Zentangle (register)</p>	<p>1 11a Lunch &amp; Learn "Your Eye Health" by Dr. Wesley Harnish, MD (Must register)</p>	<p>2 10a Tai Chi 12:15p Pinochle</p>	<p>3 Wii</p>	<p>4 10a Tai Chi (last class before summer break, will resume class in September). 12:15p Poker 1p Kitchen Band performs at Mill Run Gardens</p>	<p>5 10a New Age Crime Stoppers "Personal Safety &amp; Self Defense" (register) 12:15p Pinochle 1p Make &amp; Taste Smoothies !! (register)</p>	<p>6 OPEN HOUSE 10am - 6pm Encourage a friend to visit and learn about our services</p>	<p>7 11:30a Lunch Social \$5 (register)</p>	<p>8 10a Garden Club; meeting and plantings 11:30a Pot Luck Picnic at Creekside Plaza (Register to bring a side dish or dessert!)</p>	<p>9 10a Tai Chi (last class before summer break, will resume class in September). 12:15p Pinochle</p>	<p>10 10:45a Columbus Arts Festival (register for transportation \$4)</p>	<p>11 11a Lunch Bunch Cap City Diner (Register)</p>	<p>12 11a Lunch Bunch Big Walnut Creek !! (Register)</p>	<p>13 1p Jewelry with Jean</p>	<p>14 11:30a Lunch Social \$5 (register)</p>	<p>15 11a Lunch Bunch Cap City Diner (Register)</p>	<p>16 10a New Age Crime Stoppers "Personal Safety &amp; Self Defense" (register) 12:15p Pinochle 1p Make &amp; Taste Smoothies !! (register)</p>	<p>17 10:45a Columbus Arts Festival (register for transportation \$4)</p>	<p>18 10a Tai Chi (last class before summer break, will resume class in September). 12:15p Pinochle</p>	<p>19 10a Tai Chi (last class before summer break, will resume class in September). 12:15p Pinochle</p>	<p>20 1p Jewelry with Jean</p>	<p>21 11:30a Lunch Social \$5 (register)</p>	<p>22 1p Active Adults/Seniors Canoe Float at Gahanna's Big Walnut Creek !! (Register)</p>	<p>23 10a New Age Crime Stoppers "Personal Safety &amp; Self Defense" (register) 12:15p Pinochle 1p Make &amp; Taste Smoothies !! (register)</p>	<p>24 June</p>	<p>25 10a Tai Chi (last class before summer break, will resume class in September). 12:15p Pinochle</p>	<p>26 10a Tai Chi (last class before summer break, will resume class in September). 12:15p Pinochle</p>	<p>27 1p Jewelry with Jean</p>	<p>28 11:30a Lunch Social \$5 (register)</p>	<p>29 12p Lunch &amp; Bingo \$2 3:30p Senior Advisory Board Mtg.</p>	<p>30 12:15p Pinochle</p>	<p>31 10:45a Columbus Arts Festival (register for transportation \$4)</p>
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# Senior Spotlight

Gahanna Active Seniors Program



June 2016



**Congratulations to our Wii Bowling League who defeated the Gahanna Parks & Recreation team by a score of 413 to 270 in our first annual "Wii Bowling Challenge" on May 12th, 2016.**

### Birthday Bash

On July 1st celebrate with all our members having July Birthdays! Summit's Trace Health Center will be providing cake and interactive games for all! Please register.



### Canoe Float!

June 22nd 1pm. Enjoy an outdoor adventure led by Certified Canoe Instructors here in our hometown of Gahanna! No experience necessary.



### Columbus Arts Festival

On June 10th join us as we spend the day at the Art Festival. Please register.

### Senior Advisory Board Elections

On May 11th we held our annual Senior Advisory Board elections. Congratulations to Donna Turrin who was newly elected, and Ruth Burris who was re-elected. We will also have another appointment from Mayor Kneeland later this month. Special thanks to Walter Sherwood, Nancy Cahoon, and Betty Shepherd for their years of service to our Advisory Board!

# Upcoming Events

*Save the Date!*

**Birthday Bash (New!)**

July 1st 1 PM

**Columbus Zoo Trip**

July 6th 10AM

**Senior Golf League Picnic**

July 14th 11AM

**Ohio Travel Treasures**

**Day Excursions Presentation**

July 19th 10AM

**Senior Day -Franklin Co. Fair**

July 19th 12 noon

**Absolute Hearing Screenings**

July 20th (by appointment)

**Center closed for installation of new folding wall**

July 22nd

**Springing Over to Springfield Day Excursion**

September 30th

*Betty, Cheryl, and Merri Jo enjoying a game of Mahjongg!*



Dear Members,

As you read June's Senior Spotlight, you will notice a new look and format. We hope you will enjoy this issue and some of the updates we have made to provide you with information on current events, photos to capture our special memories, and "Save the Date" announcements for your awareness.

Also, this coming July we are planning to replace the existing folding wall with a new one. This will be a great improvement to our Center. Upon completion of the new wall installation, our floors will receive a deep clean and waxing to restore it's appearance. Yeah! This will take place in late July.

Lastly, please take time this month to complete a satisfaction survey located in our front office. We value your feedback on how we are doing.

Thank you all, and have a wonderful June 2016!

Patrick Monaghan, Recreation Supervisor - Active Adults/Active Seniors

**Outstanding Volunteers**

The Senior Advisory Board would like to recognize Lu and Jim Lejman as our Outstanding Senior Volunteers for 2015-2016. Thank you Lu and Jim for giving us your time, talents, and dedication. You both make our Senior Center and our community a better place!



**Senior Day Franklin County Fair Tuesday, July 19<sup>th</sup> 12 - 6:30pm**

\$10.00 - Riding in van (limited space)  
 \$6.00 - Driving self (may arrive anytime if driving self)  
 Price includes food, entertainment, welcome gift, and admission to the Fair. Register at the front desk.

**Welcome to our New Members!**

- Donna Fox \* Teresa Hernandez \* Maureen Johnson
- Harry Remshard \* Lind hale \* Stanley Hale \* Dale Lucas
- Nancy Hopkins \* Ron Tongran \* Jodi Weiser
- James Spadafore Judy Mileff \* Bev Svekric \* Steve Rennick
- Myra Jo Beach \* Andy Wallick \* Bud O'neal
- Antonine Pierre-Louis \* Bruce Roscow \* Dolores Roscow
- Lewis Rakocy \* Brenda Sparks \* Daniel Tindall \* Phyllis Rosen

**Lunch & Learn**

Wednesday June 1<sup>st</sup> 11am Dr. Wesley Harnish, MD, will teach us about the latest in cataract surgery to improve vision and other ways to preserve your eye health. Complimentary lunch to follow. Must register to attend.

**Summer Picnic & Potluck** at Creekside June 8, 11:30. Please bring a favorite dish to share with all your friends! We will also enjoy games, paddleboats, walking trails, and discount shopping at our Herb Center! Please register.



**Lunch Social**

Tuesday June 14, 11:30am. Visit with fellow members and enjoy a sandwich, two sides and dessert. \$5/person. Please register at front desk.

**Lunch & Bingo**

Wednesday June 29, 12 noon  
 Lunch is \$5.00 (Italian sub/two sides/desert)  
 Bingo \$2.00. Please register at the front desk by Monday, 12 noon, the Monday of Bingo week.

**Lunch Bunch**

July 20 - "TAT" Ristorante Di Famiglia  
 August 17 - Northstar Café Easton  
 Sept 21 - Sakura Japanese Steakhouse, Stelzer Rd.  
 Please register at the front desk.

**Personal Safety & Self Defense**

June 16th 10am. Presented by New Age Crime Stoppers. (register)

**Make & Taste Smoothies!**

June 16th 1pm. Presented by Africa Thomas of Wesley Ridge! (register quick, limited space)



*Our Active Seniors along with the Marysville Senior Center took a road trip together to the Warren County Historical Museum and Cincinnati Flower Show on April 15th. Good time was had by all!*



*Don't miss out on the fun in our remaining Day excursions and international Trips for 2016! Brochures and information are available at the Senior Center office.*

*The Quilting Guild donated their most recent quilt to the Mid-Ohio Food Bank in April. The quilt helped to raise funds at their annual fundraiser. Thank you Quilt Guild!*

