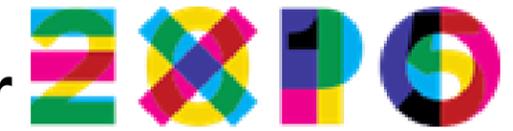


Typical Daily Schedule	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Mondays</b> 9:15a Yoga Gold 10a Crafts 10:30 Line Dancing 12p Bridge 3:30p Table Tennis	<b>5</b> CENTER CLOSED IN OBSERVANCE OF LABOR DAY	<b>6</b> 10a Game Day! (Tripoley) Bring \$3 in pennies	<b>7</b> 2p Art with Amber - Fall Classes begin! (Please register at front desk)	<b>1</b> 12:15p Poker	<b>2</b> 10:15a No Wii Bowling 1p Birthday Bash! with Summit's Trace (register) Let's all celebrate with our Sept. birthdays. All Members Welcome.
<b>Tuesdays</b> 8-9:30a Walk program at YMCA (Register at Senior Center) 9:30a Open Art 10a Game Day (Tripoley, Bunco, 10:30a Kitchen Band 12:30p Euchre 1p Ceramics 3p Bean Bag Baseball	<b>12</b> 8:30a-4:30p Registration Day for Fall Programs 10a-6p OPEN HOUSE! Tell a friend, bring a friend. 1p Jewelry with Jean	<b>13</b> 10a Game Day! (Bunco - Bring \$2) 10:30a - No Kitchen Band 11:30a Lunch Social! Featuring: Tomato Florentine with pasta, Italian Sub & dessert (\$5 - register)	<b>14</b> SENIOR EXPO 10a-3p on the Senior Center grounds All regular scheduled programs are cancelled to this special event. PLEASE JOIN US!	<b>15</b> 12:15p Poker	<b>16</b> 10:15a Wii Bowling (Learn & Play) 10:30a Zentangle (Basics) Register in advance 1p Zentangle (advanced) Register in advance
<b>Wednesdays</b> 9a Quilting Guild Special Events (see calendar) 2p Art with Amber 6:30p Bridge	<b>19</b> 3p Book Review Club	<b>20</b> 10a Game Day! (Tripoley) Bring \$3 in pennies	<b>21</b> 11a Lunch Bunch at Sakura Japanese (Must register) 2p Poker	<b>22</b> 12:15p Pinochle 1p Calligraphy Fall begin (must register)	<b>23</b> 10:15a Wii Bowling League Fall League begins today! 10:30a Zentangle (Basics) Register in advance 1p Zentangle (advanced) Register in advance
<b>Thursdays</b> 7:30-8:20a Tee Times for Senior Golf League (May-Sept) 9a Zumba Gold 10a Bocci 12:15p Pinochle or Poker 1p Calligraphy (begins Sept 22) 3:30p Table Tennis	<b>26</b>	<b>27</b> 10a Game Day! (Bunco - Bring \$3 in pennies)	<b>28</b> 9-10a Hearing Screenings (Register in advance) 12p Lunch & BINGO! Register by Monday Lunch \$5 / BINGO \$2	<b>29</b> 8:30a Senior Golf League Last day of league play Banquet and Awards reception to follow 12:15p Poker	<b>30</b> 10:15a Wii Bowling League 10:30a Zentangle (Basics) Register in advance 1p Zentangle (advanced) Register in advance
<b>Fridays</b> 9:15a Yoga Gold 10:15a Wii Bowling 10:30a Zentangle (Basics - register) 12:30p Duplicate Bridge 1p Mahjongg 1p Zentangle (Advanced -register)					

## 2016 Active Senior



On **Wednesday, September 14th from 10am-3pm**, the Gahanna Active Senior Program will host an **Active Senior Expo** here on the grounds of our Center. The event is open to all residents and non-residents, and will feature everything "Active" and "Senior". We will have over twenty-five vendors showcasing various Senior Services, as well as food vendors, live music, free demonstration classes, guest speakers, a gift raffle fundraiser to benefit our Senior Program, among other great opportunities for Seniors and their families. Registration is not required, but feel free to sign up at the front desk to allow us an estimate of how many members will attend. **Please help us spread the word and bring a friend to this great event!**

**Schedule of Events:**

- Special Performances** - Bill Foley Acoustic Favorites 11-1pm, Capitol City Chorus 1:15-2:15pm, and Larry Staats Appalachian Stories, Music, and Percussive dance 2:15-3pm
- Guest Speakers** - World of Travel - Gahanna Trips presentation 10:30-11:30am, Mayor Tom Kneeland 1pm
- Class Demonstrations** - Zumba Gold 12 noon/12:30pm, Line Dance 1:15/1:30/1:45pm, Zentangle 2/2:30pm
- All Day Events**- Vendors, Food, Craft Sales, Art Gallery, Quilting Demonstrations, Senior Center Tours



*Pictured: Mary Lynne Faini after winning a flower bouquet at our Summer BBQ and Concert event.*



**Round-a-bout Training Class - Oct 2016**

If you live in or near Gahanna, chances are you have seen new construction for our new round-a-bouts. Does the idea of round-a-bouts make you nervous? Good news! For those who would like to learn more about these new intersections, and even "practice" in a safe and fun way, please register at the Senior Center front desk by September 23rd to attend a class. Class date to be determined in October.



**2016 Volunteer Appreciation Luncheon**

- On August 10th, Volunteers of our Active Senior Program were honored at Wesley Ridge Retirement Community. Over thirty volunteers enjoyed a wonderful lunch accompanied by a guest speaker, and many accolades from Senior Service Supervisor, Patrick Monaghan, who recognized everyone's efforts in making our Senior Programs a welcoming and enjoyable experience for all. Many thanks to our program coordinators, front desk volunteers, and many of you who give of your time and talents to assist our Active Senior Programs. Pictured left are photos taken at the Volunteer Appreciation event.

# Upcoming Events

*Save the Date!*

**Center closed for Labor Day**  
Mon. September 5th

**Fall Programs Registration Day**  
Mon. September 12th 8:30am-4:30pm

**Senior Expo Day**  
Wed. September 14th 10AM-3PM

**Absolute Hearing Screenings**  
Wed. September 28th (by appointment)

**Springing Over to Springfield Day Excursion**  
Fri. September 30th

**Lighthouses of the Mid-Atlantic**  
Sat. October 1st thru Fri. October 7th

**Fireside Feast**  
Wed. October 12th 1PM

**New Age Crime Stoppers**  
Thu. October 13th 10AM

**Flu Shots offered by National Church Residences**  
Thu. October 20th 1-4 PM

**Octoberfest, Chili & Bingo**  
Wed. October 26th 12-3PM

**Tour of Biblical Proportions**  
Thu. November 3rd thru Fri. November 4th (Williamstown & Dayton, Kentucky)

**Center closed for Veterans Day**  
Fri. November 11th

**Lunch & Learn**  
Wed. November 9th

**Outlet Shopping Trip**  
Fri. November 18th 8:30AM

**An Amish Christmas Visit**  
Thu. December 1st (Berlin, OH)

*Pictured below: Award winners and best scores during our summer Wii Bowling League. Congrats!*



## New Programs!



This summer we introduced several new programs. Here are a few, and we hope you will plan to join us! See the schedule of events and plan to join in!

**GAME DAY!** - Enjoy board games in a fun, relaxed social setting with peers!

**Zentangle** - Intentional doodling at it's best! Intro & Advanced classes offered.

**Herbal Kitchen** - Learn new herbal creations with our Herb Center staff.

**Bocce** - Enjoy this wonderful outdoor sport.

**Garden Club** - Learn gardening tips with Master Gardeners and our Herb Center

### Registration Day for Fall 2016 Programs



**Monday September 12th 8:30am-4:30pm**

### Octoberfest!



Wednesday October 26th 12noon-3pm. Enjoy some great Chili, games, and our costume contest! Costume theme is open to your own creativity! Register at desk.

### Trip & Travel Programs

Our upcoming trips this month include a day excursion "Springing Over to Springfield" on Friday September 30th, and several sight-seeing travelers will enjoy a week-long tour "Lighthouses of the Mid-Atlantic" October 1st -7th, 2016.

Register now for a once in a life-time experience in Williamstown, KY. November 3rd & 4th, we will experience the newest tourist attraction in the mid-west which is getting international attention.

The Ark Encounter. We will also visit the Creation Museum, as well as enjoy a dinner cruise on the Queen City Riverboat in Dayton, KY.



Registration and brochure details are located at the Senior Center office.

### Make & Take! Herbal Kitchen & Culinary Delights!

Learn some new herbal tips and tricks as we demo simple culinary recipes. On September 6th, make your own herb blend of salad dressings and oxymels. On October 4th, we will explore butters and infused oils. 10:30-11:30am \$5/person. (please register in advance)

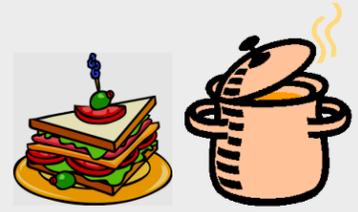
### Senior Advisory Committee

Welcome to our newest Committee member Meri Jo Linton. Our next meeting will be October 19th at 3:30

### Senior Spotlight Now Online!

Go to [www.gahanna.gov](http://www.gahanna.gov) → Departments → Parks & Recreation → Senior Center → Monthly Newsletter

# Meal Programs



## Lunch Social

Tuesday September 13th, 11:30 am.  
Soup is back!!! Visit with fellow members and enjoy Tomato Florentine, an Italian sub, and a dessert. \$5/person. Please register.

## Lunch & Bingo

Wednesday September 28th, 12 noon.  
Lunch is \$5.00 (Sandwich/two sides/dessert) Bingo \$2.00.  
Register at the front desk by Monday, September 26th 12 noon.

## Lunch Bunch

**If riding the van, \$4 collected at time of sign up (non-refundable)**  
**Van riders should arrive at Center by 10:30am.**

September 21 - Sakura Japanese Steakhouse, Stelzer Rd. 11am  
October 19 - Marcella's at Polaris 11:30 am  
November 16 - Cheesecake Factory (Easton) 11am  
December 9 - Hickory House in Gahanna 11am (This is a Friday)

## "Project Interact" is back!

Join us for special presentations by students of the Gahanna School district. We also enjoy a potluck lunch together in this wonderful inter-generational program. Time well spent!

October 5th 11:30am  
November 2nd 11:30am  
December 7th 11:30am

## Lunch & Learn!

Wednesday November 9th 11am  
Join us for a FREE lunch and a special guest presentation

**Please register at the front desk for all meal programs.**

## THANK YOU COMMUNITY FRIENDS!

**Summit's Trace** for hosting our monthly Birthday Bash

**Greystone Rehabilitation** for sponsoring our Golf League Picnic on July 14th.

**Wesley Woods of New Albany** for sponsoring this year's Golf League Polo Shirts

**Wesley Ridge Retirement Community** for hosting our 2106 Volunteer Appreciation luncheon on August 10th.

The **Neptune Society** for sponsoring our 1st annual Summer BBQ and Concert.

**Mr. Floyd Siebert** for his special presentation on Monarch Butterflies on Friday August 12th.



*Pictured left to right: Some happy faces at our July Birthday Bash. Roberta Heskett, Pat Kluesener, and Corina Cirillo.*



Our Senior Center is a donation site for Gahanna's charitable organization "GRIN" which serves "Gahanna Residents In Need." Our food donation box is located on the kitchen counter, and we encourage members to please donate each month when you are able. Thank you.

### Welcome New Members !

Charlene Conrad Kasmer Jeffries Rita Powell  
Regina Z. Landa Suzanne Gasbarro Jim Culp

*Pictured below: Al Hiser and Jerry Krumdieck grilling some brats and burgers for our Summer BBQ on August 3rd. Thank you Chef's! More than sixty people attended this festive summer event which was sponsored by the Neptune Society.*

