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## **Gahanna Summer Sports Camps 2013**

Jump Start Sports Camps are fun-oriented and highly instructional. The relaxed and nurturing atmosphere enables children to learn, grow, make friends, and have a meaningful summer experience.



### **Staff:**

Jump Start Sports hires only highly qualified counselors and directors. Most of our counselors are in college or graduate school and have experience in sports and working with children. Our camp directors and coaches have substantial experience and training in education and sports. Our 8 to 1 ratio ensures substantial individualized attention. All staff members are required to complete and pass a federal (FBI) and state (BCII) background check. The Camp Director is CPR/First Aid Certified.

### **Fees:**

Any one week camp:	Resident Discount Rate - \$99 per week
Any three or more weeks:	Resident Discount Rate - \$89 per week
Any one week camp:	Standard Rate - \$114
Any three or more weeks:	Standard Rate - \$104

## **Weekly Camps:**

### **June 10 – 14: Gahanna All Star Baseball and Softball Camp:**

**Held 9:00 a.m. to noon at Academy Park**

Activity # - 341301A

Girls and boys ages 5-12 have a blast learning baseball fundamentals and playing ball! Campers learn and improve upon the basics of batting, fielding, pitching, catching, and base running. Players are divided by gender and age and are taught different skills each day in a fun-oriented format. Then they apply what they have learned in a game each day. Other fun games and contests will include a "Home Run Derby", "Pitch, Hit, and Run" contest, and a "World Series" on the last day of camp.



### **June 17 – 21: Gahanna World Cup Soccer Camp**

**Held 9:00 a.m. to noon at Academy Park**

Activity # - 341302A

Children ages 5 – 12 get their kicks at the World Cup Soccer Camp! Players learn foot skills, passing, shooting, goal keeping, and team concepts. Each day, they are also divided by gender and skill level and participate in games. The last few days of camp, small teams represent a country and participate in a fun "World Cup" competition.



### **June 24 – 28: Gahanna Lacrosse Camp**

**Held 9:00 a.m. to noon at Academy Park**

Activity # - 341303A

Boys and girls ages 5-12 can learn to play one of the fastest growing sports in the United States. Lacrosse is action packed and lots of fun! The sport has elements of soccer, football, basketball and hockey. Once you try lacrosse, you'll love lacrosse!



All equipment will be provided in this highly instructional program. All players will receive training on the fundamentals, including: passing and catching; fielding ground balls; cradling; spacing and positioning; and defense. Then they will be divided by gender and age to play fun game situational scrimmages, which will help them learn more and enjoy the fast-paced action of the game. Plastic sticks and soft balls will be used. No checking, stick checking, or poking will be permitted! No helmets or shoulder pads will be used. All equipment will be provided. At the end of the week, players will participate in a fun "NCAA Championships".

**July 8 – 12: Gahanna Golf Camp**  
**Held 9:00 a.m. – noon at Academy Park**  
Activity # - 341304A

Children ages 5-12 learn all strokes and hone those skills every day. Players should bring golf clubs if they have them available, but a limited supply will be provided. In addition to golfing, the children will play a variety of sports and camp games.



**July 15 – 19: Gahanna Hoop It Up Basketball Camp**  
**Held 9:00 a.m. – noon at Academy Park**  
Activity # - 341305A

Boys and girls ages 5-12 improve all aspects of their game and have a blast doing so! Our staff has experience playing and coaching at the high school and college levels. We utilize fun drills and competitions that help players improve their shooting, passing, ball handling, and defensive techniques. Players also will have the opportunity to play in many 3 on 3 and 5 on 5 games. Our coaches have the experience to coach the most gifted youth player and the patience to work with a complete novice. The Hoop It Up Basketball Camp is a fun and worthwhile experience for players of all ages and skill levels. At the end of the week, we will have a fun "March Madness" tournament.



**July 22 – 26: Gahanna All Pro Football Camp**  
**Held 9:00 a.m. – noon at Academy Park**  
Activity # - 341306A

The All Pro Football Camp will teach campers ages 5-12, the basic fundamentals of football in an atmosphere that emphasizes sportsmanship, teamwork and the joy of sports. This program is ideal for children who have never played organized football, as well as those who have played youth football for several years. In addition to learning fundamentals, techniques and strategies of the sport, campers will participate in flag football games every day as well as fun games and contests such as "Punt, Pass, and Kick" and "NFL Fast Football". The week will culminate in a fun "Super Bowl" on July 26 which parents will be invited to attend.



**July 22 - 26: Gahanna Three Cheers Cheerleading Camp**  
**Held 9:00 a.m. – noon at Academy Park**  
Activity # - 3413017A

Campers, ages 5-12, will learn a variety of cheers, jumps, kicks and movements. We'll also play fun cheerleading games and make homemade pom poms to use at an exhibition on the last day of camp. Cheerleaders will conclude the week by cheering alongside coinciding football tournament.



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Cheer camps provide children a highly active endeavor in a non-competitive environment that fosters fun and the development of friendships.

**July 29 – August 2: Gahanna Olympics Camp**

**Held 9:00 a.m. – noon at Academy Park**

Activity # - 341308A

Olympics Camp by Jump Start Sports is a wonderful combination of sports, culture and crafts. Campers, ages 5-12, learn the fundamentals of each event in track and field, and participate in a fun mock “Olympics.” Campers are grouped into “countries” and each makes a team flag and team uniform and learns about the culture of that country. They also compete in each track and field event. The emphasis of the competition is on participation and achieving personal goals. Each camper will receive a medal for participation.



All Registration will go through the Gahanna Parks and Recreation Department, 200 S Hamilton Ave., Gahanna, OH 43230